



# Alzheimer's Disease and Related Dementia (ADRD) State Plan \*DRAFT\* Overview

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# Dementia Services Program & Alzheimer's Disease State Plan

- [Senate Bill 1726](#) (First Regular Session 2023)
  - ADHS is designated as the lead agency in this state to address Alzheimer's disease and related forms of dementias.
  - Outlines the requirements for ADHS to establish a dementia services program.
    - Facilitate coordination of policies and programs related to ADRD

# Dementia Services Program & Alzheimer's Disease State Plan (continued)

- Outlines the requirements for ADHS to coordinate, publish (July 1, 2024) and implement an ADRD state plan
  - Assess existing capacity and resources to address needs
  - Increase access to treatment and care
  - Improve quality of care
  - Ensure coordinated statewide response
  - Advance early detection and diagnosis

# Alzheimer’s Disease and Related Dementias (ADRD) State Plan (2024-2029) Development Timeline

October 2023	June 2024	July 2024-January 2025	February 2025
<p><b>Development of the ADRD Plan</b></p> <p>Established Core Leadership Team</p> <p>Hosted Listening Sessions: Health systems Partners, Assoc. &amp; National Partners, County health depts &amp; AAAs, State Agencies and those with lived experience</p> <p>Themes from Listening Sessions integrated into the ADRD State Plan</p>	<p><b>Initial ADRD Plan was developed</b></p>	<p>ADRD Core Leadership Team writing group revising the goals, strategies and action steps within the ADRD State Plan before implementation</p> <p>Environmental Scan Approach implemented</p> <p>ADRD CLT has met monthly to update the ADRD State Plan</p>	<p><b>Seeking partner feedback on draft goals, strategies and action steps</b></p> <p>Identify additional individuals to participate in ADRD Core Leadership Team and ADRD Work Groups</p>

## **\*\*DRAFT\*\* ADRD State Plan Goals and Strategies Highlight**

### **Goal 1: Increase Access to Care, Support and Treatment**

#### Proposed Strategies:

- Develop a centralized resource hub** that provides Arizonans with seamless access to dementia-related resources for education, training, services, and referrals to support people living with Dementia, their care partners, providers, and other professionals.
- Reduce barriers and ensure individuals with dementia have **adequate access to residential, home and community-based services (HCBS)**.
- Support the development and implementation of **a statewide crisis response system** that supports the unique behavioral needs of individuals living with dementia.
- Strengthen the healthcare workforce** by minimizing shortages and creating incentives and career pathways to recruit and retain professionals who specialize in all levels of dementia care.
- Strengthen programs that offer support to informal caregivers** of individuals with dementia, regardless of their financial situation.

## **\*\*DRAFT\*\* ADRD State Plan Goals and Strategies Highlight**

### **Goal 2: Improve the Quality and Safety of Care**

#### Proposed Strategies:

- Enhance healthcare providers' capacity** to deliver high-quality, person-centered care **by increasing their dementia competency** through targeted, dementia-specific, and culturally responsive training.
- Improve licensure requirements** for medical, health, and social service providers supporting individuals living with dementia.
- Improve residential licensing requirements** for dementia care through evidence and acuity-based models.
- Strengthen oversight, transparency, and quality of care** for individuals with dementia in long-term care settings.
- Ensure the protection** of vulnerable adults with dementia.
- Establish a public health directive to support caregivers** accompanying individuals with dementia during public health emergencies.

## **\*\*DRAFT\*\* ADRD State Plan Goals and Strategies Highlight**

### **Goal 3: Advance Risk Reduction, Early Detection and Diagnosis**

#### Proposed Strategies:

- Identify and apply for funding** to support healthy aging and dementia-related programming and education for Arizonans.
- Incorporate dementia risk reduction into existing public health programs**, especially chronic disease prevention and education initiatives throughout Arizona.
- Develop a comprehensive and inclusive public health messaging strategy** for Arizona to promote dementia risk reduction and cognitive health across the life course.
- Expand access to education and resources** in diverse and underserved communities to reduce stigma and increase early detection and diagnosis of dementia.
- Promote person-centered care planning approaches** for individuals and families living with dementia.
- Promote supportive policies and programs for employees** who are caregivers and model healthy worksites for Arizona employers.

## **\*\*DRAFT\*\* ADRD State Plan Goals and Strategies Highlight**

### **Goal 4: Ensure a Coordinated Statewide Response to ADRD**

#### Proposed Strategies:

- Establish a workgroup comprised of state agencies** that meets regularly to identify dementia-specific activities and identify opportunities to align and coordinate state plans and actions, reduce duplication, and enhance the efficiency and responsiveness of state efforts.
- Promote the Healthy Brain Initiative Roadmap** to guide and support dementia efforts throughout Arizona.
- Strengthen dementia-related data collection, analysis, and sharing** to inform evidence-based decision-making, support early intervention, and promote health equity.
- Leverage evaluation, data, and information** to support the implementation and ongoing updates of the ADRD Plan.



## **\*\*DRAFT\*\* ADRD State Plan Goals and Strategies Highlight**

### Additional Recommendations:

- Continue or increase Alzheimer's Research Funding in the state budget (Alzheimer's Consortium)
- Promote participation in Alzheimer's research studies with underrepresented groups.

# Update on ADRD State Plan Timeline

## NEXT STEPS:

- Gather Feedback from Core Leadership Team (Jan 17)
- Gather Feedback from Tribal Partners (Feb 4<sup>th</sup>)
- State Agency Review (7 days following the State Agency Meeting)
- Update based on State Agency & Core Leadership Team Feedback
- Design & Layout of the ADRD State Plan by ADHS Comms Team
- Assistant Director & Deputy Director Review
- ADHS Health Officer Briefing on State Plan
- Identify Individuals to participate in ADRD Core Leadership Team and ADRD Workgroups(ongoing)

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**Thank you**

