



# Area Agency on Aging, Region 8

Governor's Advisory Council on Aging (GACA) Presentation  
June 9, 2021

2214 North Central Avenue, Phoenix, Arizona 85004

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[www.itcaonline.com](http://www.itcaonline.com)

# PRESENTER

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## AGENDA

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Older Adult Population is  
Growing

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Inter Tribal Council of Arizona,  
Inc. - Area Agency on Aging

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Arizona Indian Council on Aging  
(AICOA) Advisory Board

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Challenges of COVID-19 in Tribal  
Communities

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# Older Adult Population is Growing

## National

- By 2030, 1 in every 5 Americans is projected to be 65+ years (AARP)

## Arizona

- Arizona has nearly 1.5 million Arizonans age 60+ (DES)
- AI/AN population = 385,772 (US Census 2010)
- 5.4% of Arizonans 65+ years are American Indian (DES)
- Over 800,000 Arizonans are family caregivers (DES)

## Tribal

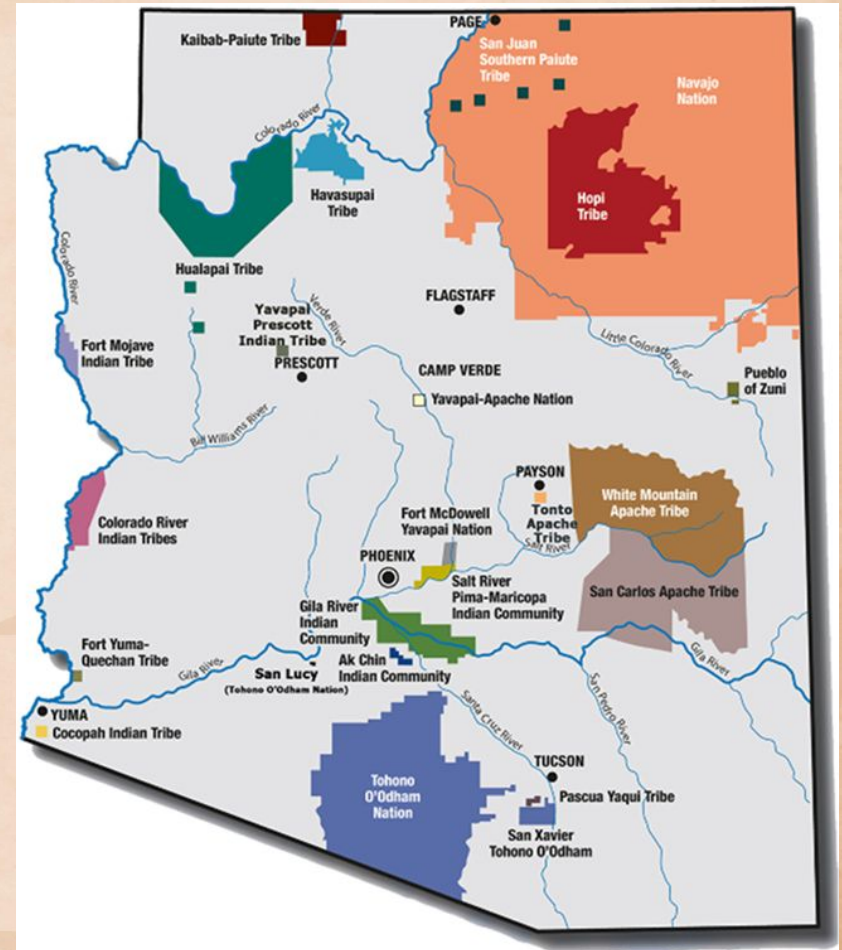
- 2 Tribal Assisted Living Facilities = 28 Total beds (ITCA)
- 4 Skilled Living facilities = 239 Total beds (ITCA)
- In 1 year, over 134,000 Title III Meals were served to Tribal Elders in Arizona (ITCA)
- Statewide, over 29,000 one-way trips were provided through the Title III Transportation grant funding (ITCA)



# Inter Tribal Council of Arizona

## Tribes

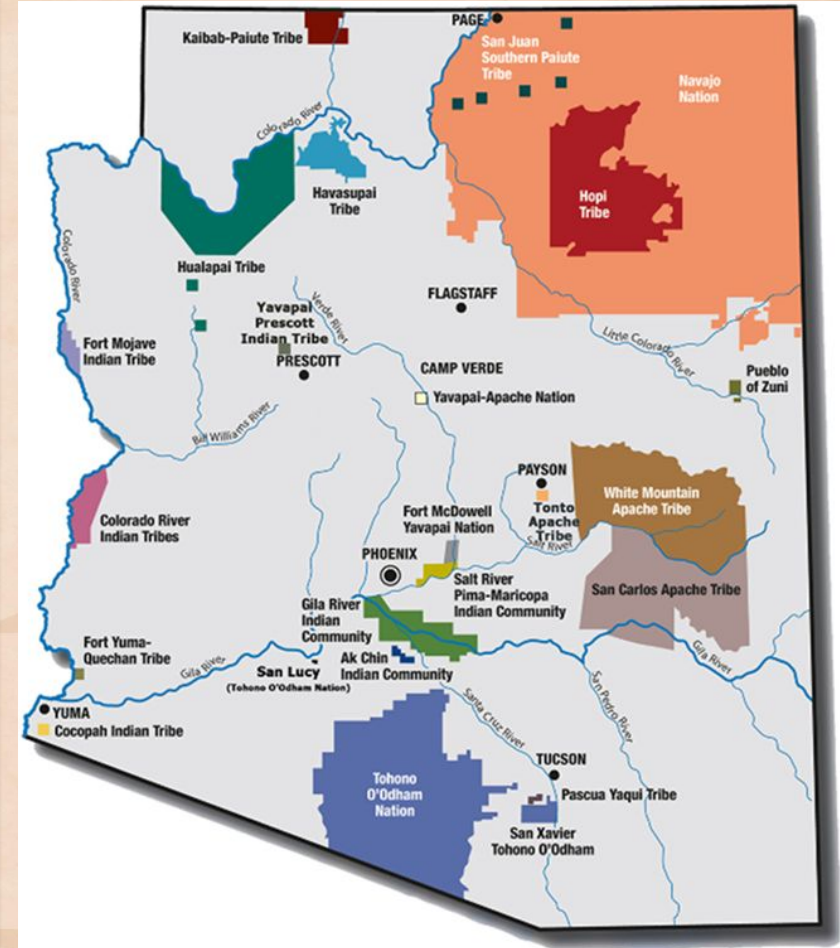
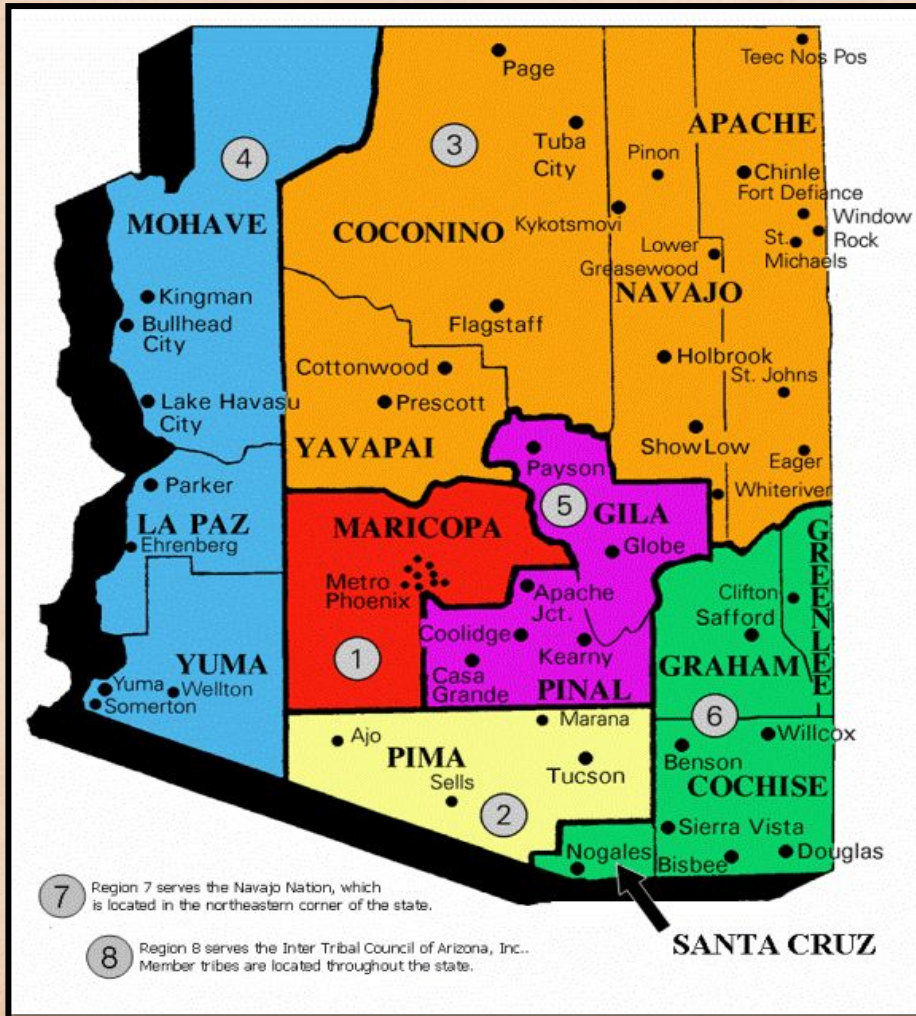
- Ak-Chin Indian Community
- Cocopah Indian Tribe
- Colorado River Indian Tribes
- Fort McDowell Yavapai Nation
- Fort Mojave Indian Tribe
- Gila River Indian Community
- Havasupai Tribe
- Hopi Tribe
- Hualapai Tribe
- Kaibab Band of Paiute Indians
- Pascua Yaqui Tribe
- Pueblo of Zuni
- Quechan Tribe
- Salt River Pima-Maricopa Community
- San Carlos Apache Tribe
- San Juan Southern Paiute Tribe
- Tohono O'odham Nation
- Tonto Apache Tribe
- White Mountain Apache Tribe
- Yavapai-Apache Nation
- Yavapai-Prescott Indian Tribe







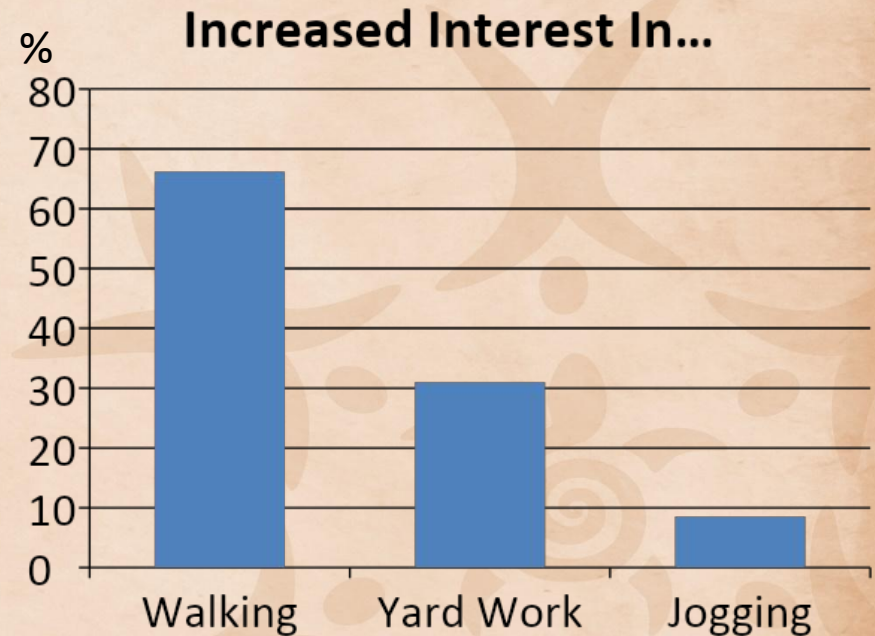
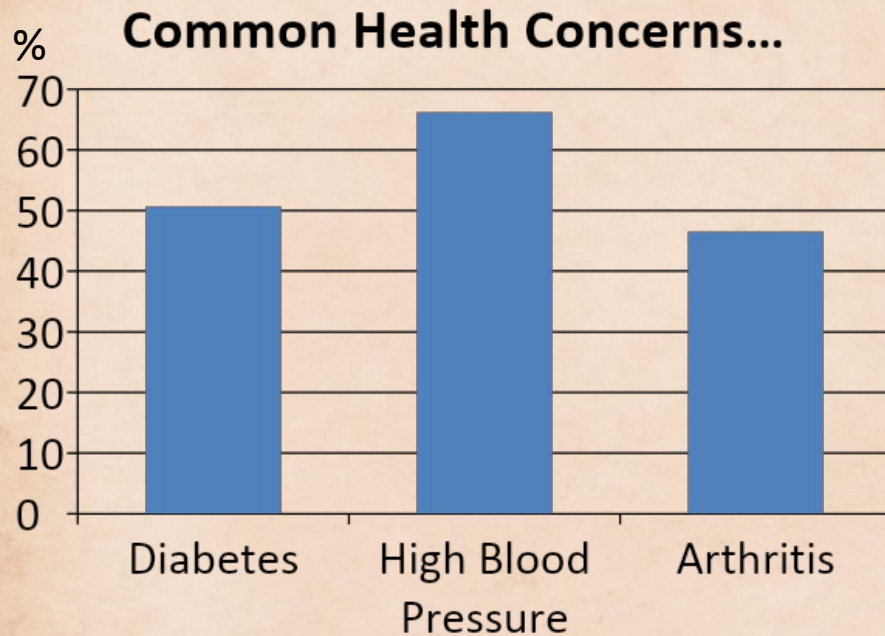
# Inter Tribal Council of Arizona





# Needs Assessment

The needs assessment is used to develop services, program goals, and outreach presentations.







# Area Agency on Aging, Region 8 Programs and Services

- Administration
- Program Development & Evaluation
- Advocacy
- Resource Development
- Tribal Agreements & Grant Writing
- Arizona Indian Council on Aging Advisory Board
- Technical Assistance & Training
  - Professional Development (Management)
  - Staff Development & Training
  - Contractual Requirements & Reporting (Title III and VI)
- Coordination of Title III and VI Programs
- Pilot & One Time Projects





# ITCA-AAA Title III, VI and VII Services

## **Title III**

- Congregate Meals
- Home Delivered Meals
- Transportation
- Socialization and Recreation
- Caregiver Information & Referral
- Caregiver Training
- Caregiver Outreach
- Powerful Tools for Caregivers
- Respite for Caregivers
- Disease Prevention & Health Promotion
- State Health Insurance Assistance Program (SHIP)/Senior Medicare Patrol (SMP)

## **Title VI**

- Congregate Meals
- Home Delivered Meals
- Transportation
- Chore Service
- Outreach
- Nutrition Education
- Information & Assistance
- Caregiver Support Services

## **Title VII**

- Long Term Care Ombudsman





# Arizona Indian Council on Aging (AICOA)

In accordance with the Older Americans Act and 45 C.F.R 1321.57, AICOA serves as an advisory board for Inter Tribal Council of Arizona – Area Agency on Aging (ITCA-AAA), Region 8.



## Vision

- AICOA is a voice advocating the concerns, issues and needs of elders to live a strong, safe and healthy life.
- AICOA empowers elders to influence Tribal and federal leaders to provide needed services in their community

## Core Values

- Culture & Traditions
- Respect & Understanding
- Knowledge of our community elders
- Integrity & Morality
- Consistency
- Health & Welfare

## HISTORY

1976 Phoenix

### June

National Indian Council on Aging

### September

Arizona Indian Council on Aging



# AICOA & Advocacy

Services that take action to protect the rights of individuals and ensure they receive appropriate services and benefits or to seek needed changes in the law and/or administrative rules...



Indian Nations and Tribes  
Legislative Day



AZ4A Older Arizonan's Day



Inter Tribal Association of  
Arizona Congressional Week



Governor's Advisory Council on  
Aging



AICOA Quarterly Meetings  
(March, June, September, December)



AICOA Biennial Conference  
(Planning for 2022)





# Challenges of COVID-19 in Tribal Communities

Resources

Communication

Housing/Weatherization

Transportation

Training, Education &  
Outreach

Meal Program

PPEs/Supplies/Vaccine

Elder Abuse/Fraud,  
Scams and Financial  
Exploitation



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# Sources

- Braun, K.L. and LaCounte, C. (2015, February 20). The Historic and Ongoing Issue of Health Disparities Among Native Elders. Retrieved from <http://www.asaging.org/blog/historic-and-ongoing-issue-health-disparities-among-native-elders>.
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# Thank you for the invitation

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