

# Choose **Your** Person

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GOVERNOR'S OFFICE OF YOUTH, FAITH & FAMILY, COUNCIL ON AGING

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CARLA SUTTER, MSW, SENIOR HEALTHCARE DIRECTIVES OPERATIONS MANAGER AT CONTEXTURE

AzHDR.org  
**Choose  
Your  
Person.**  
ARIZONA HEALTHCARE DIRECTIVES REGISTRY



# Choose **Your** Person Video

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[Choose Your Person Video Link](#)

# The **why** behind Advance Directives

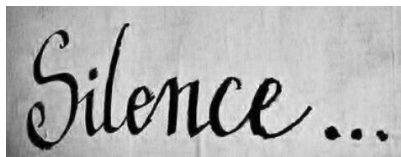
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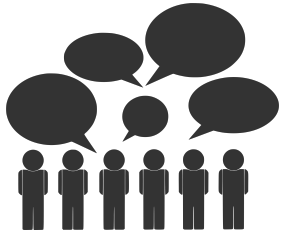
30-35% of Americans have an advance directive



70% prefer to die at home; 76% die in an institution



50% of patients are unable to participate in healthcare decisions when the time comes to make them



90% of people say talking with loved ones about their healthcare is important; only 27% have done so

# The **What** - Arizona Healthcare Directives Registry (AzHDR)

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- Contexture operates the Arizona Healthcare Directives Registry (AzHDR), a platform that provides healthcare providers with seamless access to patients' advance directive documents.
- The registry stores and makes viewable advance directive documents, including:
  - living wills,
  - healthcare power of attorney forms,
  - mental healthcare power of attorney forms, and
  - pre-hospital medical care directives, (Out of Hospital Do Not Resuscitate orders (DNRs)).
- In November 2021, the Secretary of State transferred to Contexture advance directive documents that were held in their portal.
  - Since that transition, AzHDR has increased the accounts registered by 37%.

# AZHDR Subscribers

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Healthcare Providers can search, view and upload documents



Legal and Financial Organizations can upload documents



Community Based Organizations can upload documents

# The **How** - In the Community

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- In October 2023, Mercy Care announced a collaborative community reinvestment grant award to Contexture and Hospice of the Valley
- Focus on traditionally underserved communities
  - These communities include but are not limited to Hispanic, Black, LGBTQIA+, and unhoused community members.

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contexture<sup>®</sup>  
Creating connections. Improving lives.



mercy care



HOSPICE  
of the VALLEY

# Goals for **Choose Your Person** **Mercy Care Grant**

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Together, Contexture and Hospice of the Valley are:

- Holding over **100** events for attendees to learn about, complete and register their advance directives documents on site.
- Training as many as **50** community assistors to themselves be able to support their own events – increasing the reach.

# Impact to date since 10/11/23

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Events	Attendance contacts	Documents Completed onsite
7	226	21

## Upcoming Events Scheduled

6

Community Assistor Training Completed	Community Assistors Trained	Upcoming Trainings Scheduled
2	16	1



# The **Who** - Choose Your Person

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The **Choose Your Person** campaign engages Arizonans in the advance care planning process by encouraging them to take the first step in choosing and documenting a Healthcare Power of Attorney with Mental Health Authority.

# Benefits of Choose **Your** Person

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- Ensuring Arizonans voices are heard on their healthcare decisions
- Honoring faith and culture
- Training locally connected Community Assistors
- Promoting conversations about healthcare within trusted community settings

# **When** is the right time to **Choose Your Person?**

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It is always too early, until it is too late.

[www.chooseyourperson.org](http://www.chooseyourperson.org)

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