

An Update on Arizona Overdose Trends & ADHS Actions

May 8, 2025

Outline

- Overview of ADHS Opioid Activities
- Opioid Big Picture in Arizona
- Women's and Children's Health
- Potential Opportunities for Intervention
- Highlighted Resources



Overview of ADHS Opioid Activities

ADHS Opioid Prevention & Response



- Collaboration across state agencies
- Statewide Clinical Advisory Board
- Public Health & Public Safety Partnerships
- Overdose Fatality
 Review Teams
 (County and State)
- SUD Treatment Capacity Reports



- Fatal and Non-Fatal Overdose Surveillance
- Annual Reports and Prevention
 Recommendations
- Opioid Data Dashboards
- OD Toxicology (State Lab)



CLINICAL ENGAGEMENT

- Opioid Assistance & Referral (OAR) Line
- Rx Drug Monitoring
- Pain & Addiction Curriculum
- Linkages to Care & Treatment



- HARM REDUCTION
- Naloxone Distribution
- Naloxone Leave Behind Program
- Fentanyl Test Strips
- Drug Deactivation Bags



Opioid Assistance and Referral Line (OAR)

For the public: People needing help with opioid use, or their loved ones can speak with the OAR Line's team of licensed nurses and pharmacists and get connected to care.

For health care providers: Health care providers including certified nurses, pharmacists, and physicians are available 24/7 every day of the year for real-time consultation about patient care, including chronic pain, drug interactions, opioid withdrawal, and medication assisted treatment.

1-888-688-4222

24/7, free and confidential hotline



CDC Opioid Data to Action (OD2A) 2023-2028

Strategy 1: Surveillance Infrastructure

Strategy 2: Morbidity Surveillance (Non-Fatal ODs)

Strategy 3: Mortality Surveillance (Fatal ODs)

Strategy 4: Biosurveillance (Toxicology of Non-Fatal ODs)

Strategy 5: Data Linkage

Strategy 6a: Clinician/ Health System Engagement

Strategy 6b: Health IT/PDMP Enhancement

Strategy 7: Public Safety Partnerships/ Interventions *

Strategy 8: Harm Reduction*

Strategy 9: Community-Based Linkage to Care*



State Opioid Response (SORAHCCCS/SAMHSA

- Statewide distribution of naloxone (Narcan), Fentanyl Test Strips, and Deterra drug disposal bags
- State Overdose Fatality Review Team
- County Overdose Fatality Review Teams
- Enhanced Case Management (Linkages to Care)



Opioid Data Dashboards

- Non-fatal Overdoses
- Drugs in Non-fatal Overdoses
- Overdose Deaths
- Emergency & Inpatient Visits
- EMS/Law Enforcement
- Naloxone Administration
- Overdoses by Local Area
- Opioid Prescriptions

azdhs.gov/opioid

The data is updated weekly every Thursday



Overdoses









EMS/Law

Enforcement

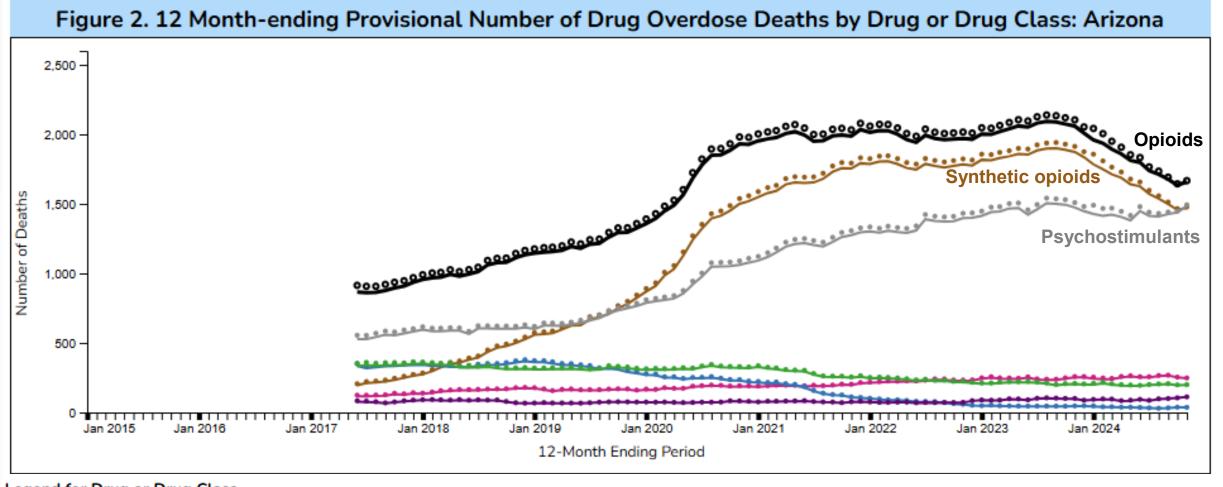




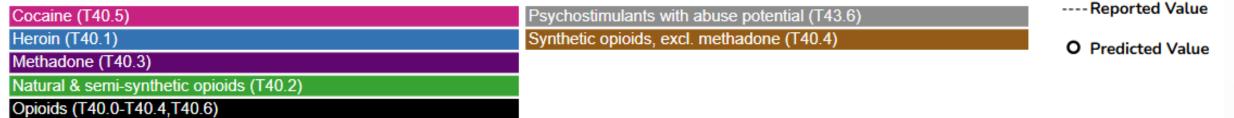


The Opioid Overdose Big Picture in Arizona

CDC 12 Monthending Provisional Drug Overdoses



Legend for Drug or Drug Class



Total Number of Reported Overdose Deaths in Past 12 Months in Arizona

> Nov. 2020: 2,649 > Nov. 2023: 2,776

> Nov. 2021: 2,721 > Nov. 2024: 2,464

> Nov. 2022: 2,745

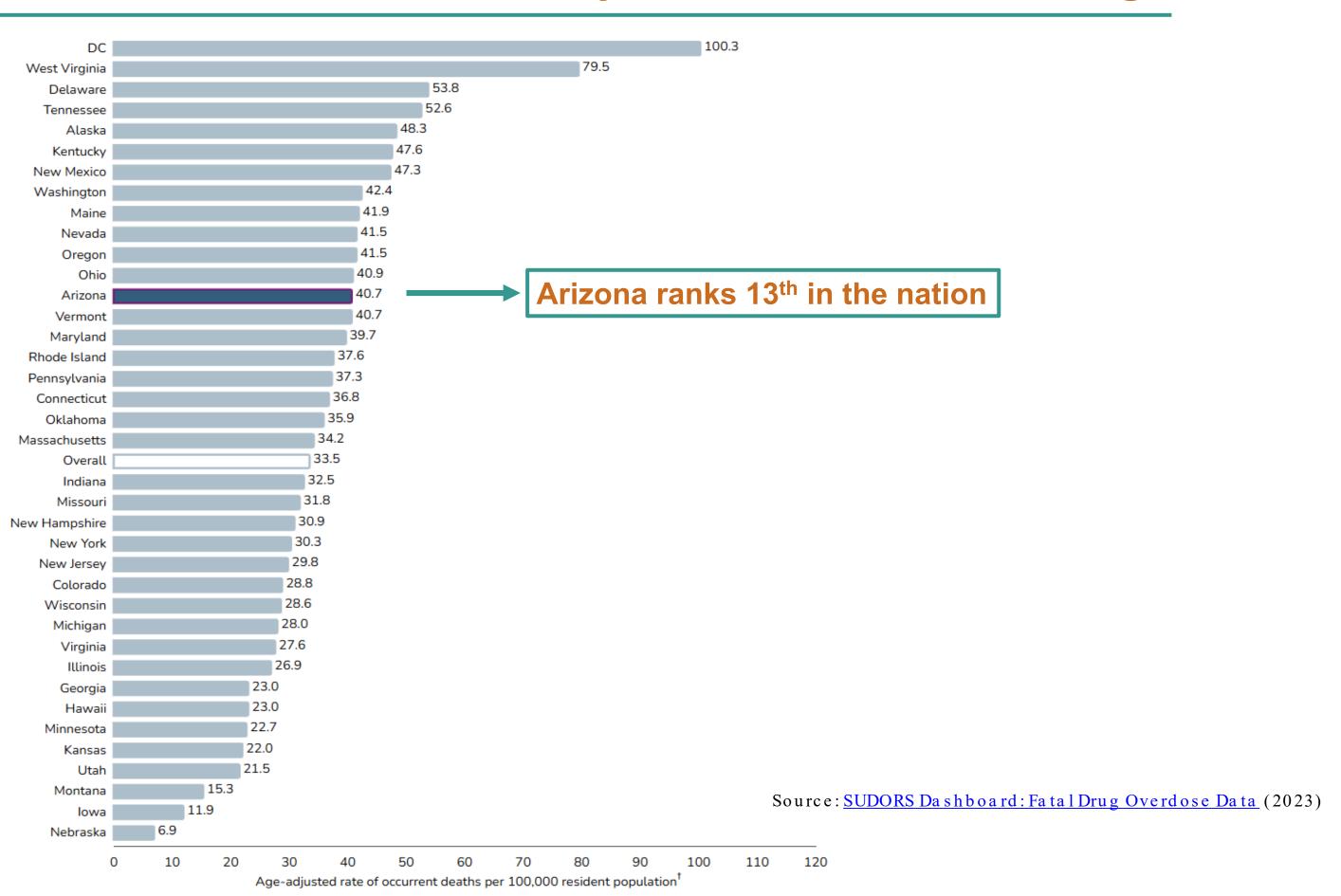


As of Nov. 2024
(In prior 12 m on ths):

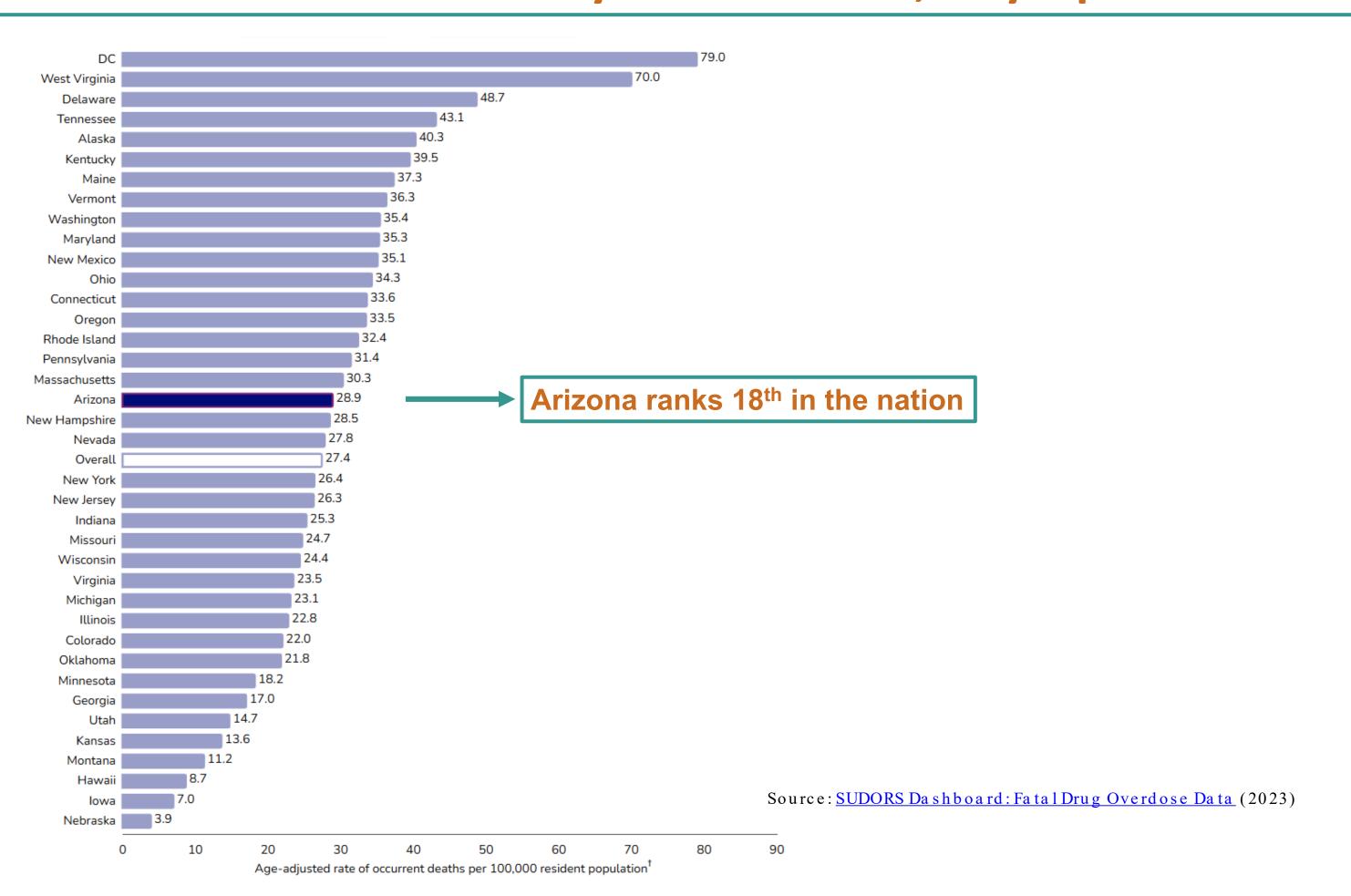
- > 1,659 deaths in volving opioids
- > 1,471deaths involving synthetic opioids excluding methadone
- > 1,485 deaths involving psychostimulants

Source: National Vital Statistics System (Provisional Drug Overdose Counts)

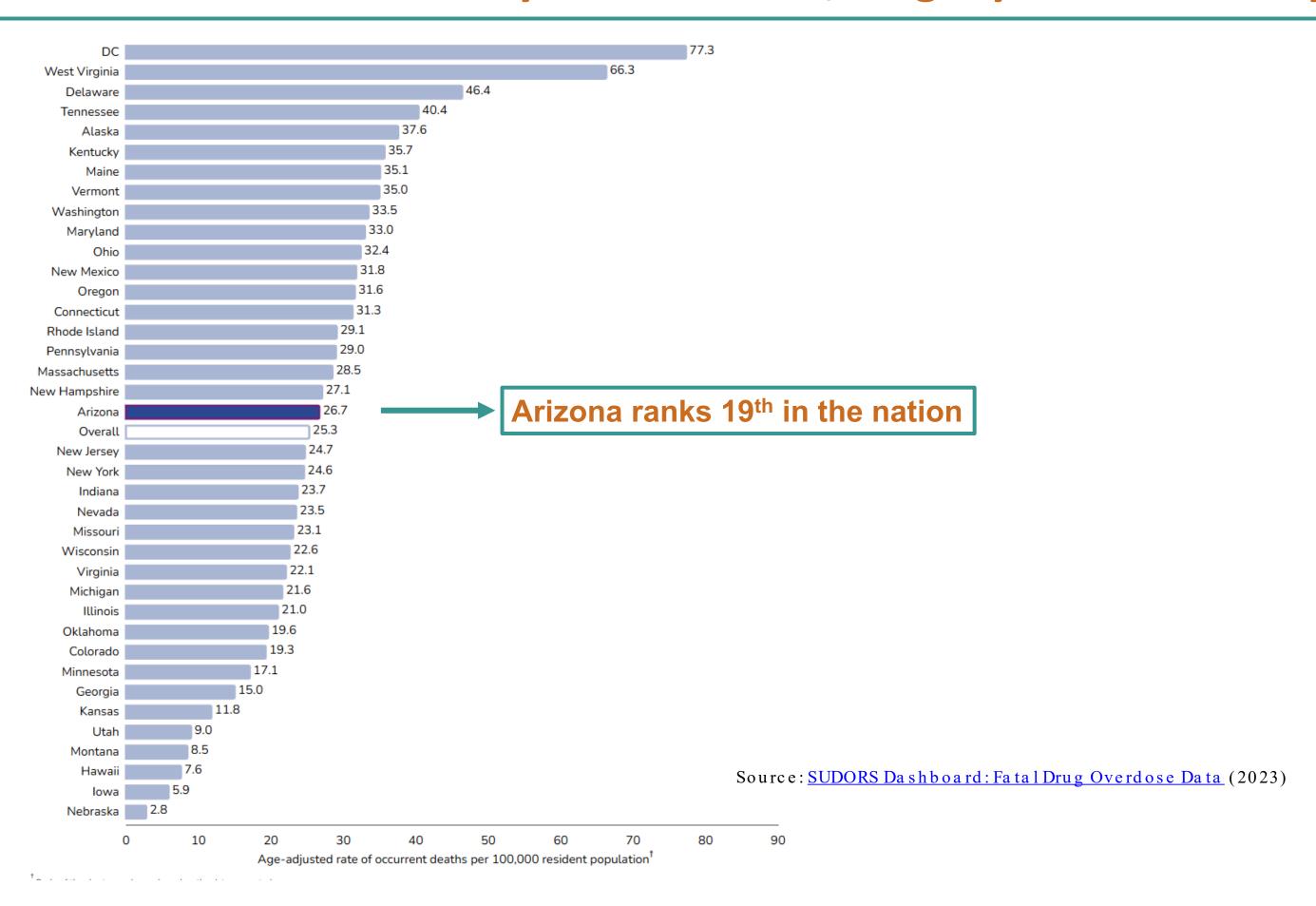
Rate of Overdose Deaths by State in 2023, All Drugs



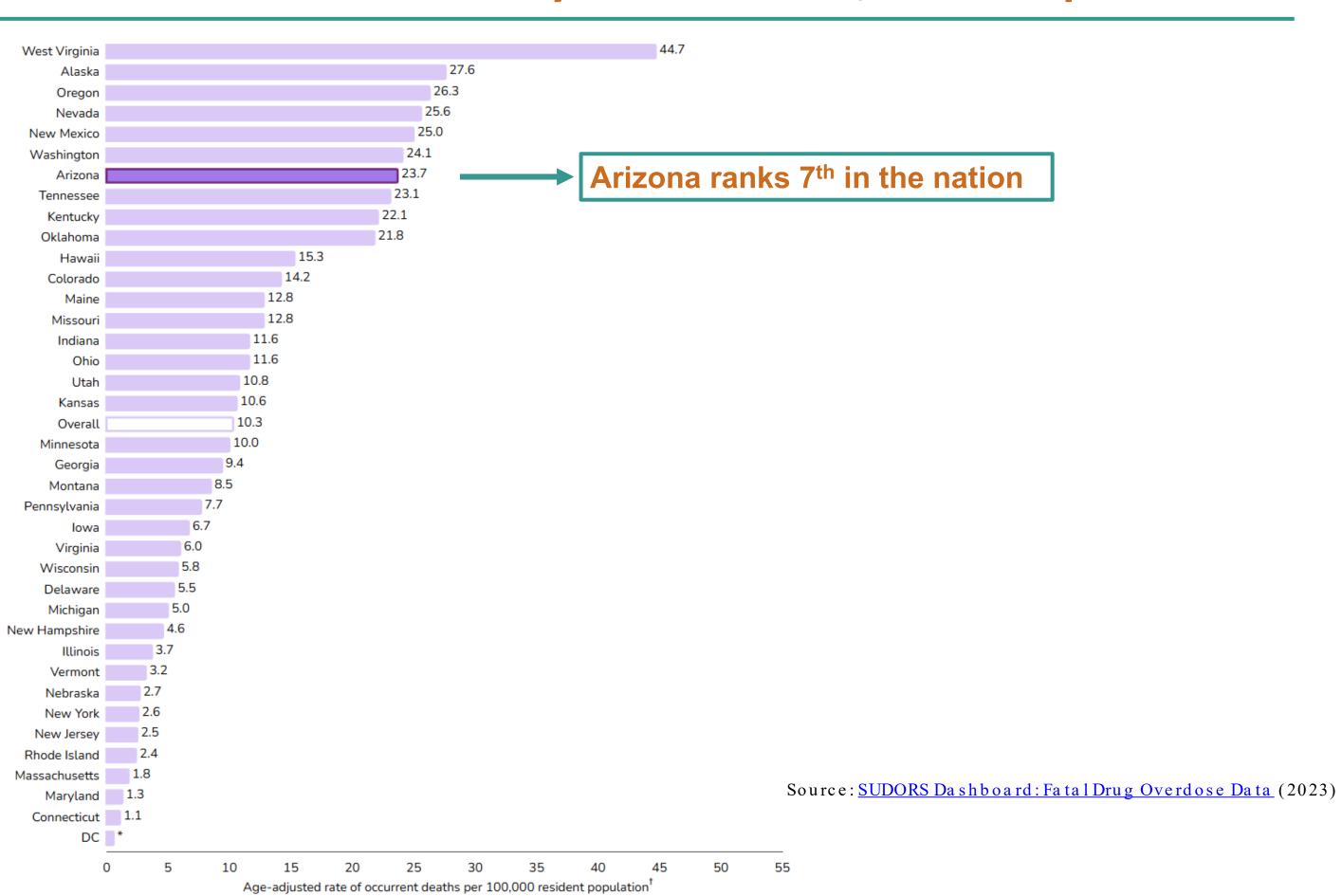
Rate of Overdose Deaths by State in 2023, Any Opioids



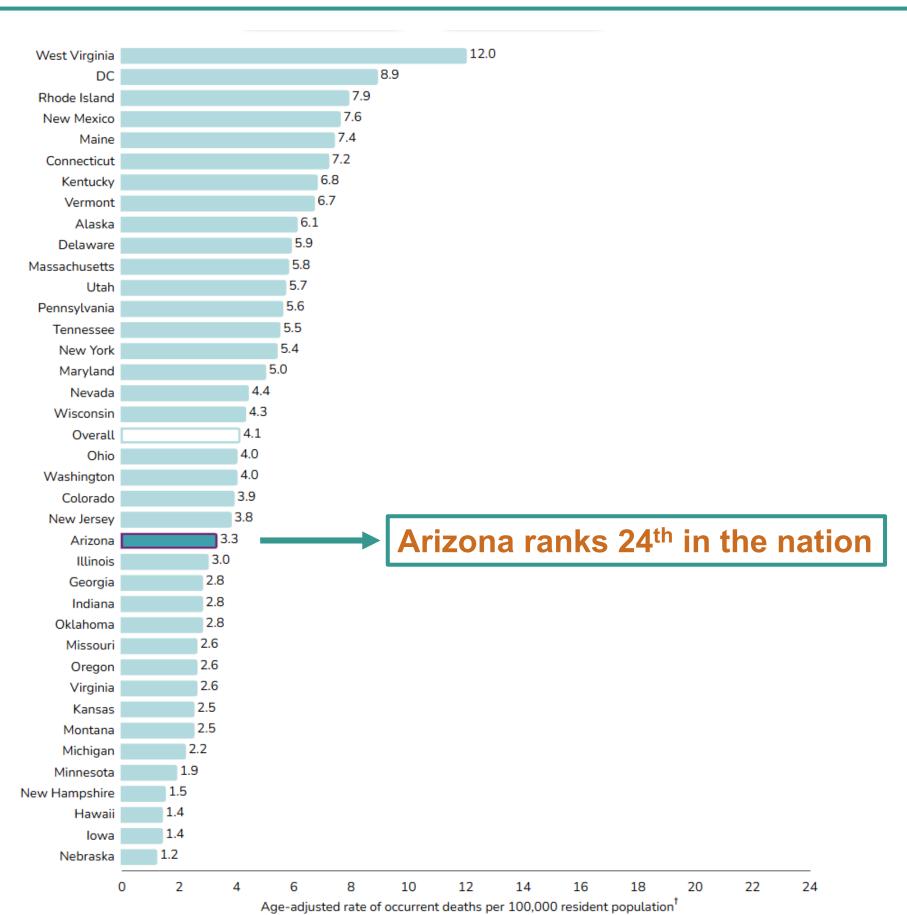
Rate of Overdose Deaths by State in 2023, Illegally-made Fentanyls



Rate of Overdose Deaths by State in 2023, Methamphetamine

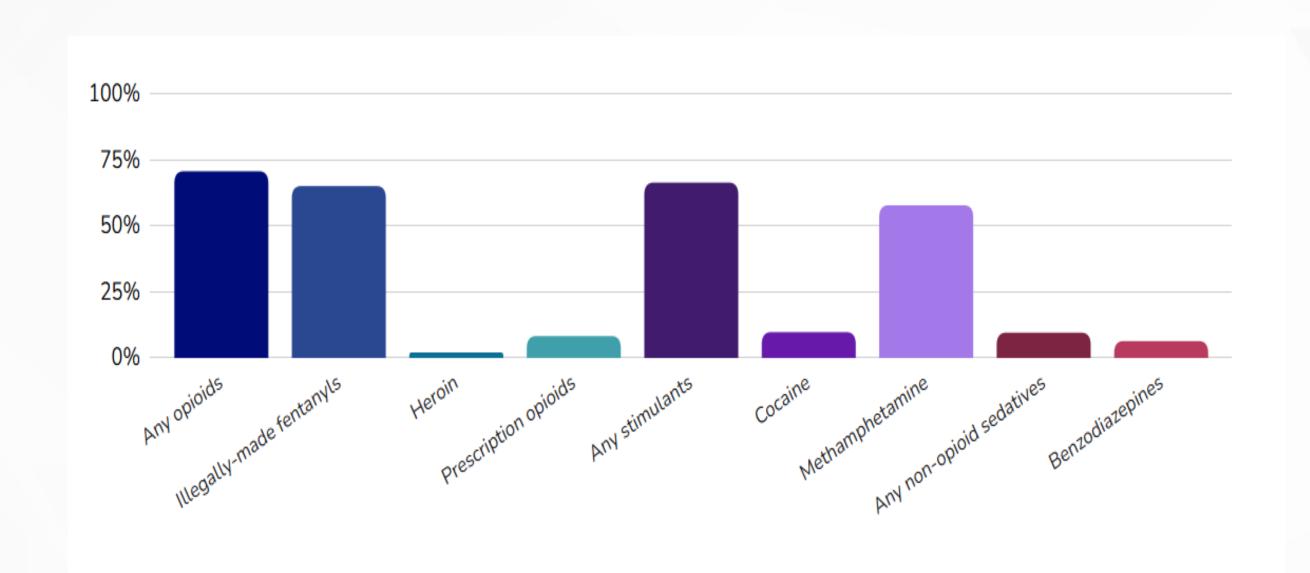


Rate of Overdose Deaths by State in 2023, Prescription Opioids



Source: SUDORS Dashboard: Fatal Drug Overdose Data (2023)

Percentages of Overdose Deaths Involving Select Drugs and Drug Classes in 2023, Arizona



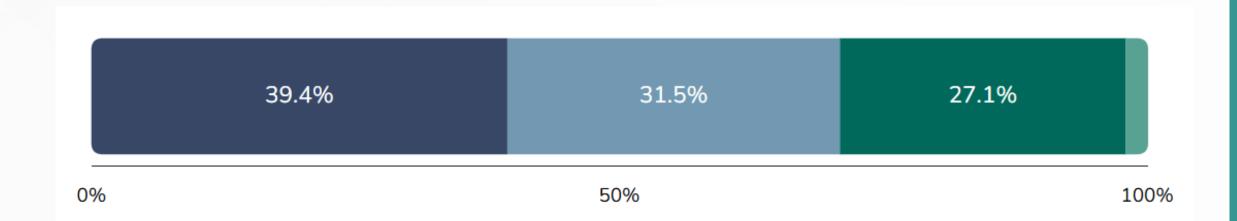
Source: SUDORS Dashboard: Fatal Drug Overdose Data (2023)



In 2023:

- > 70.8% of deaths involved at least one opioid
- > 66.5% in volved at least one stimulant
- > Illegally-made
 fentanyls were the
 most commonly
 involved opioids
- > The most common stimulant involved in overdose deaths was methamphetamine

Distribution of Overdose Deaths by Opioid and Stimulant Involvement in 2023, Arizona



Source: SUDORS Dashboard: Fatal Drug Overdose Data (2023)

- Opioids with stimulants
- Opioids without stimulants
- Stimulants without opioids
- Neither opioids nor stimulants

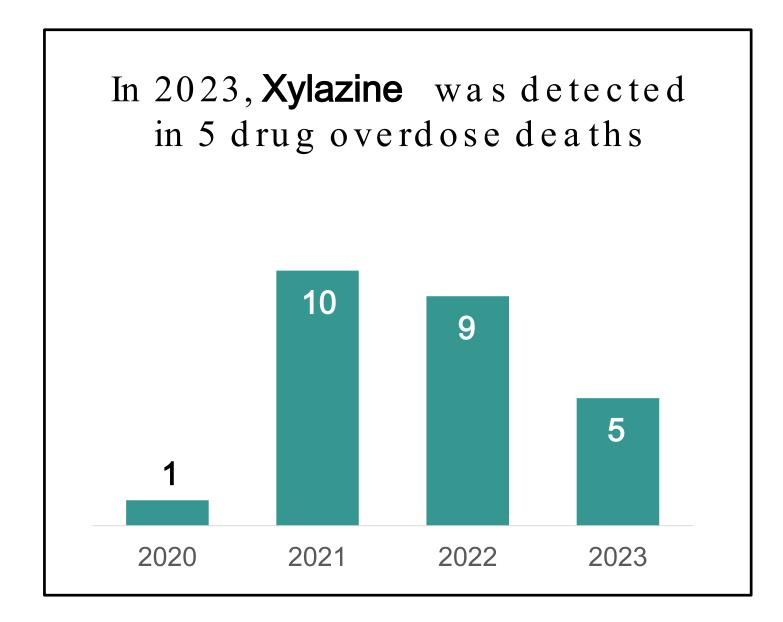


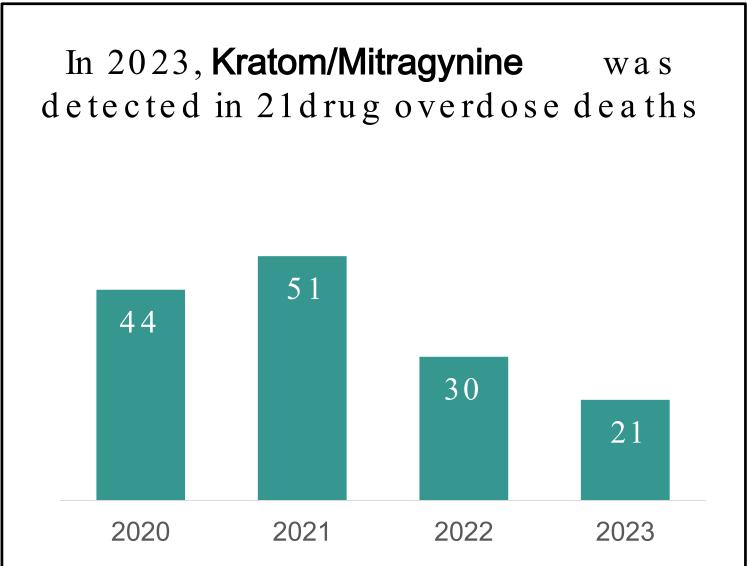
The five most frequently occurring opioids and stimulants, a lone or in combination, accounted for 84.9% of overdose deaths

- > Illegally made fentanyls and methamphetamine (30.1%)
- > Illegally made fentanyls with no other opioids or stimulants (25.4%)
- Methamphetamine with no other stim ulants or opioids (22.1%)
- Cocaine with no other stimulants or opioids (3.6%)
- Prescription opioids with no other opioids or stimulants (3.6%)



Other Drugs of Interest Detected in Drug Overdose Deaths*, Arizona, 2020-2023



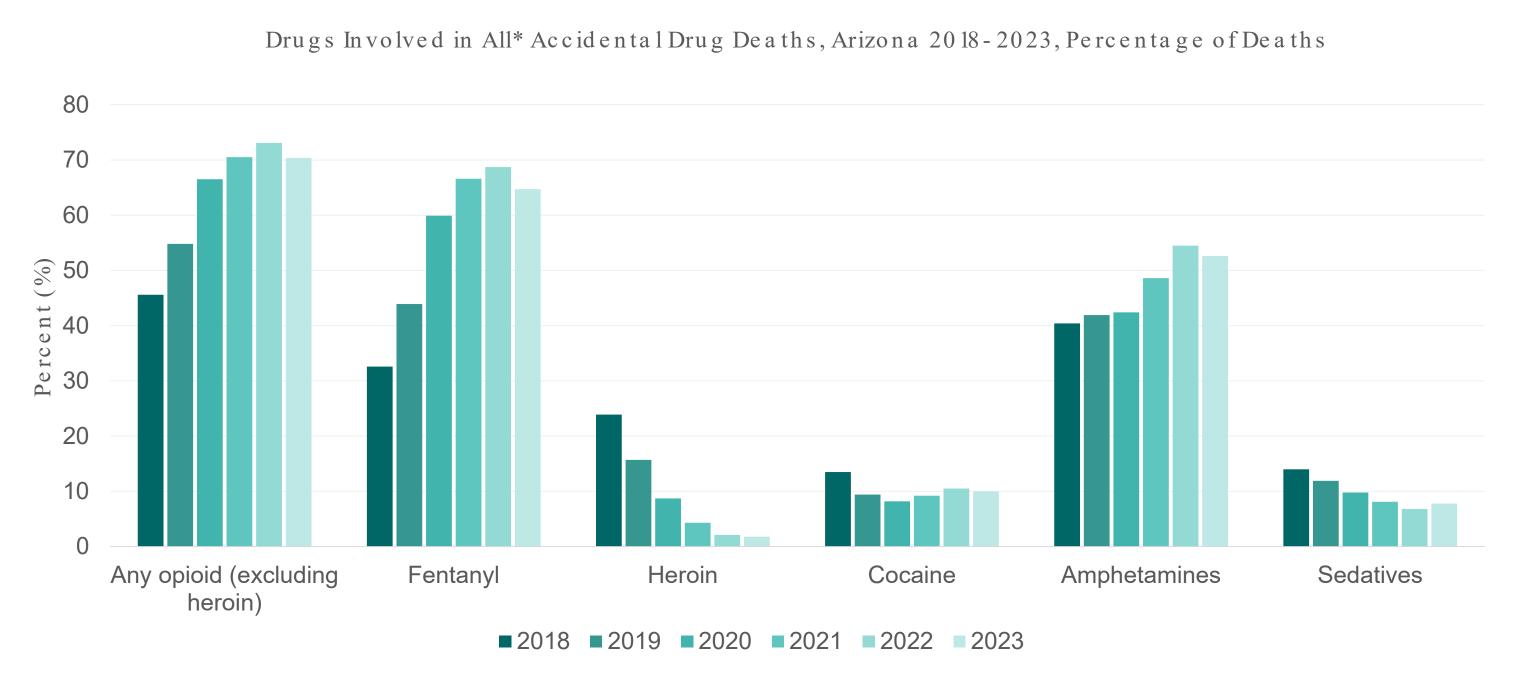


Source: SUDORS Dashboard: Fatal Drug Overdose Data (2023)

^{*}SUDORS captures all drugs detected by postmortem toxicology, even those not ruled by a medical examiner or coroner as causing death. Analyses of drugs detected are restricted to jurisdictions with toxicology reports available for at least 75% of deaths in the specified year. Analyses are further restricted to deaths with an available toxicology report.



In 2023, deaths from fentanyl and amphetamines have remained high. The most significant decrease from 2018 to 2023 was in deaths due to heroin.

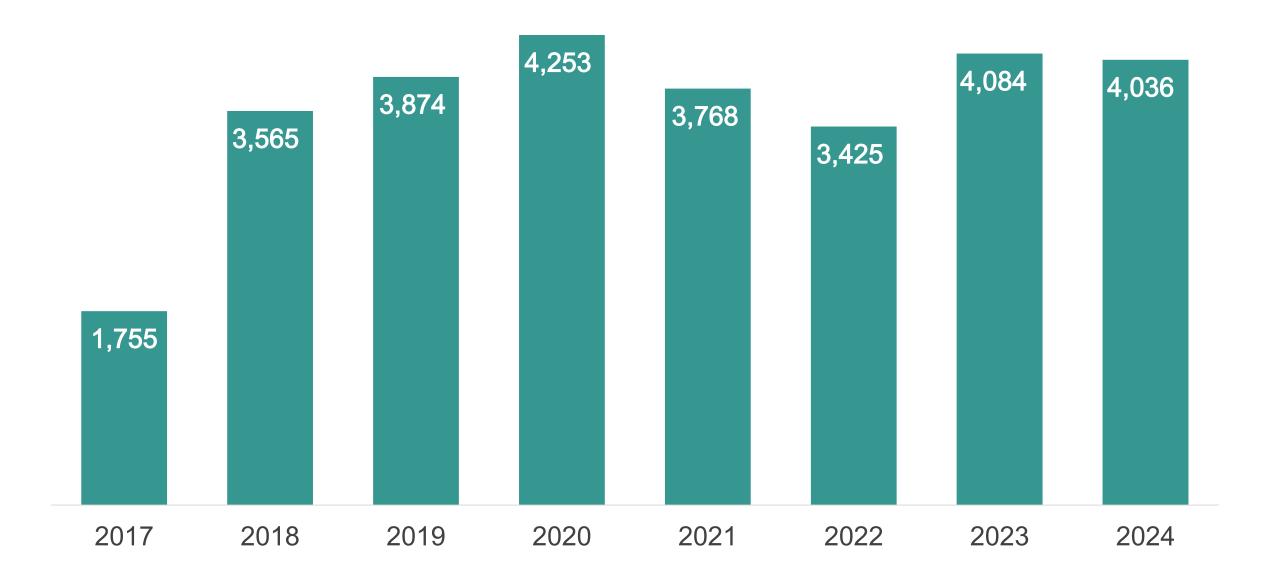


^{*}Drug deaths include all Arizona deaths with manner of death as "ACCIDENT" and a drug in any cause of death field **Drug deaths identified using ICD-10 codes and text queries from death certificates
*** Some drug deaths may include multiple drugs as cause of death

Data source: Vital Records

Approximately <u>11 Arizonans a day</u>had a non-fatal opioid overdose in 2024

Non-Fatal Opioid Overdose Events in Arizona, June 2017- December 2024



Data Source: Medical Electronic Disease Surveillance Intelligence System (MEDSIS) Please note MEDSIS data is provisional and subject to change

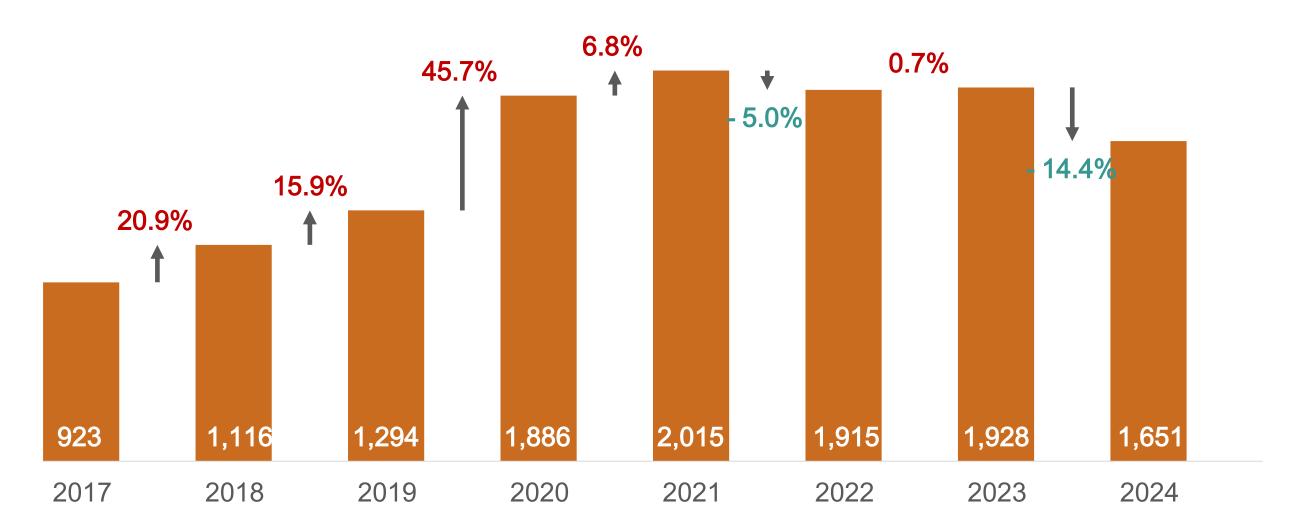


In 2024:

- 72% of non-fatal opioid events have involved fentanyl
- > 35% of non-fatal opioid events have involved meth/amphetamine
- > 12%ofnon-fatalopioid events involved benzodiazepine

Approximately <u>4 Arizonans a day died from</u> opioids in 2024

Opioid Deaths in Arizona, 2017-2024



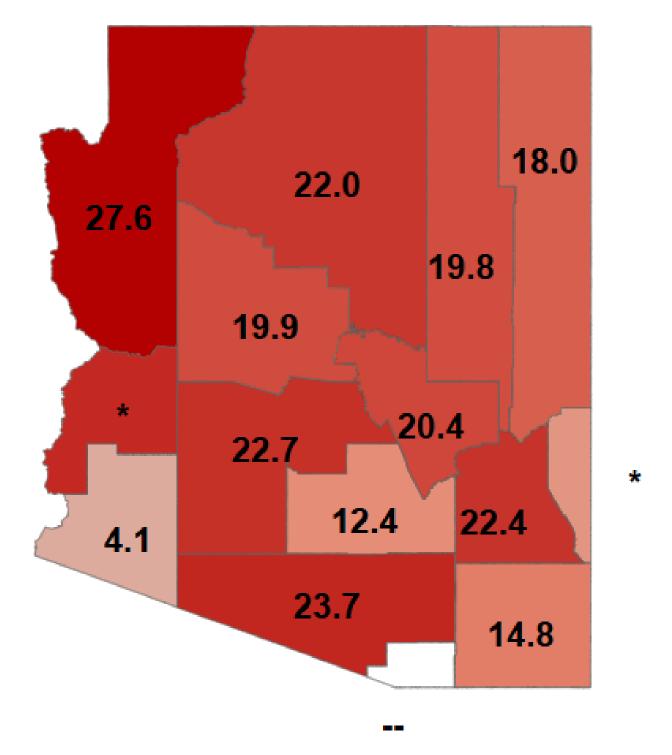
Data Source: Arizona Vital Statistics, Death Certificates *2024 data is provisional and subject to change



In 2024:

- 89.1% of opioid deaths involved multiple drugs; increasing trend
- > 98% of opioid deaths involved rx/synthetic drugs; stagnant trend
- > 2% of opioid deaths involved heroin; decreasing trend

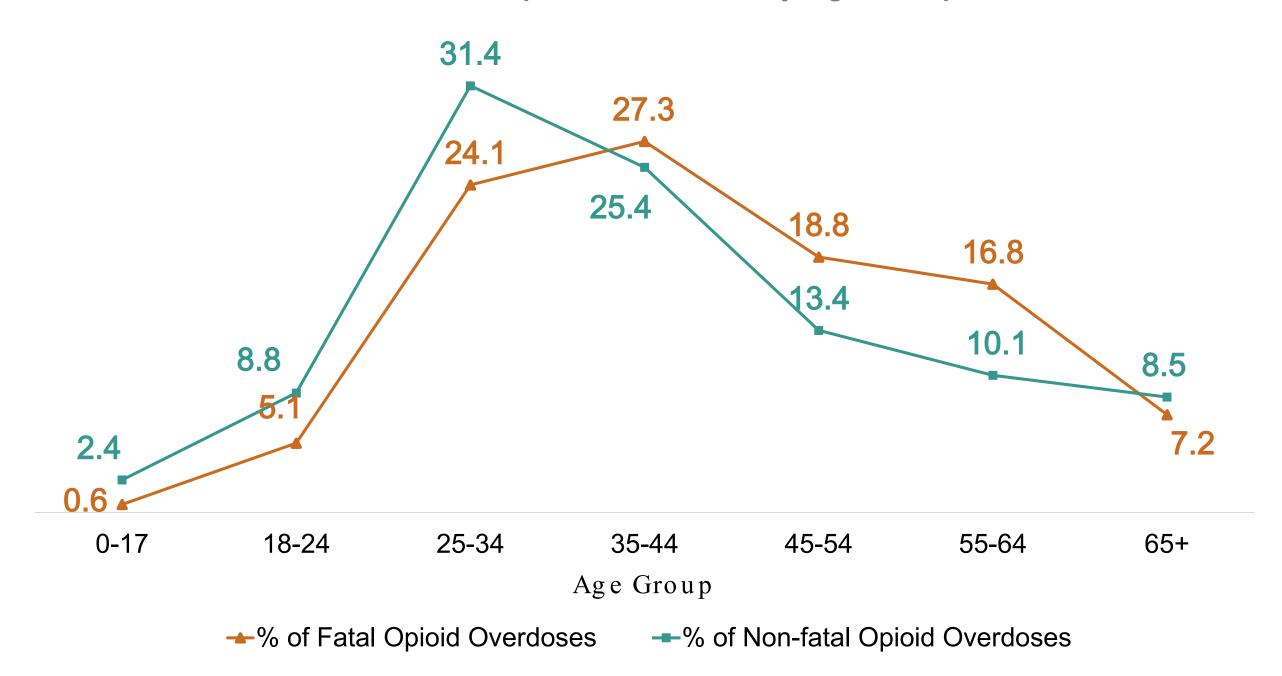
The rate of opioid deaths per 100,000 residents was highest in Mohave, Pima, Maricopa, and Graham counties during 2024.



County refers to patient's county of residence

In 2024, Two-Thirds of Non-fatal and Fatal Opioid Overdoses were Among 25-54 Year-olds





Data Sources:

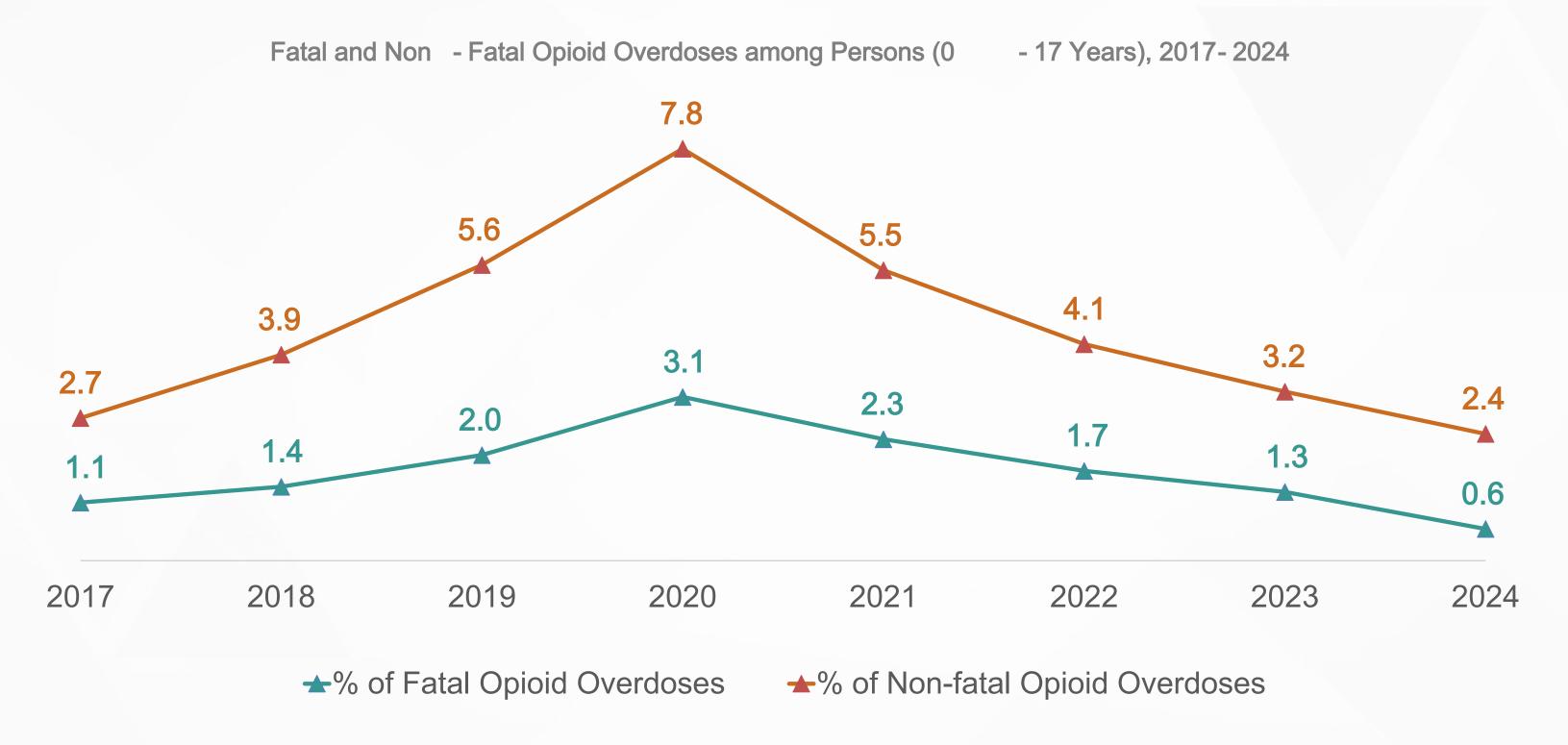
Non-Fatal Overdoses (Arizona - Medical Electronic Disease Surveillance Intelligence System (MEDSIS))
Fatal Overdoses (Arizona Vital Statistics, Death Certificates)

In 2024:

- The highest rate of fatalities occurred a mong 35-44 year olds (47.6 per 100,000 population)
- The highest rate of nonfatal opioid overdoses occurred among 25-34 year - olds (124.2 per 100,000 population)
- > 71.3% of fatal and 66.2% of non fatal opioid overdose occurred among males

Among children ages 0-17 in 2024 there were...

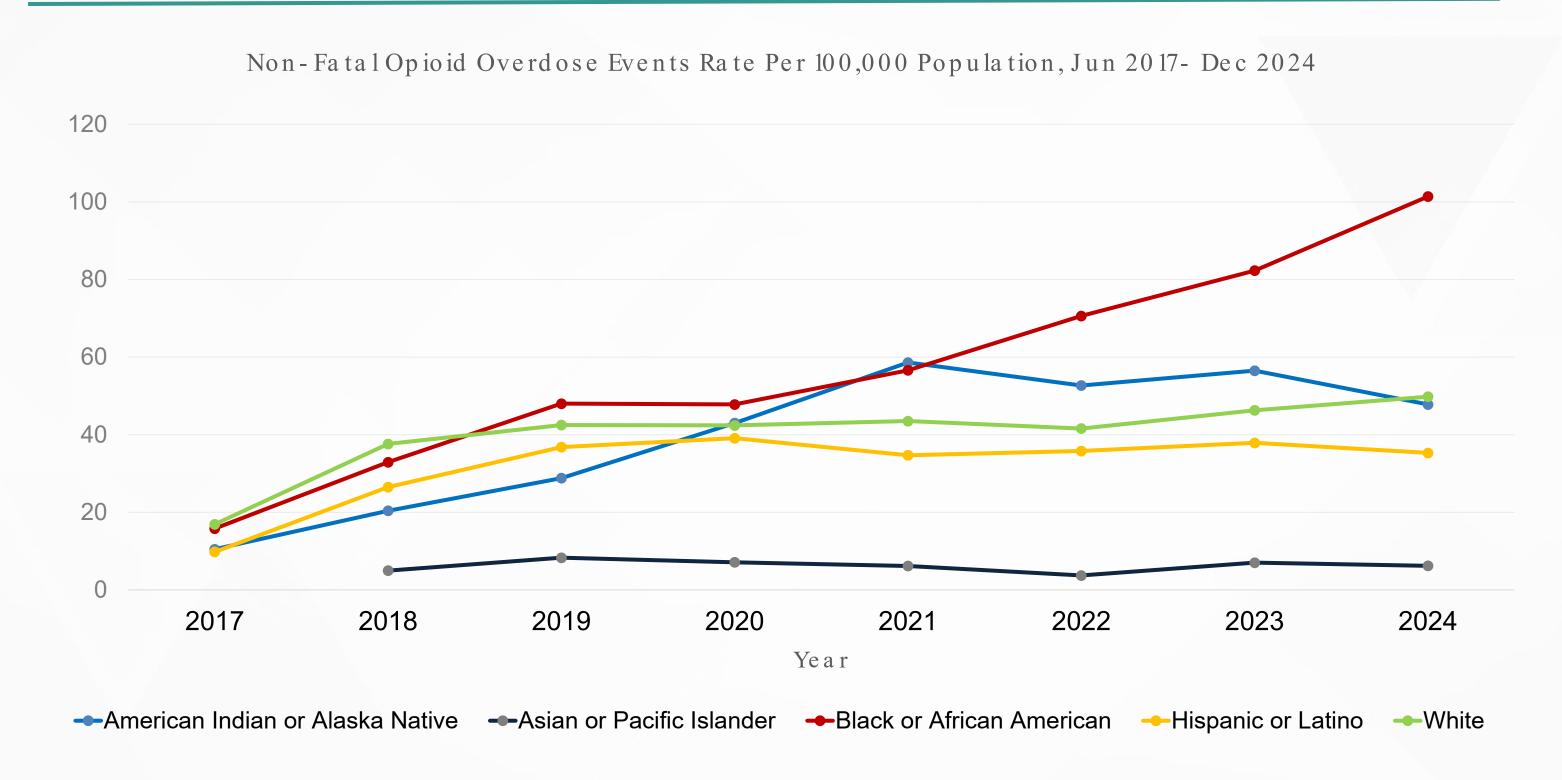
- 95 Non-fatal Opioid Overdoses
- 10 Fatal Opioid Overdoses



Data Sources:

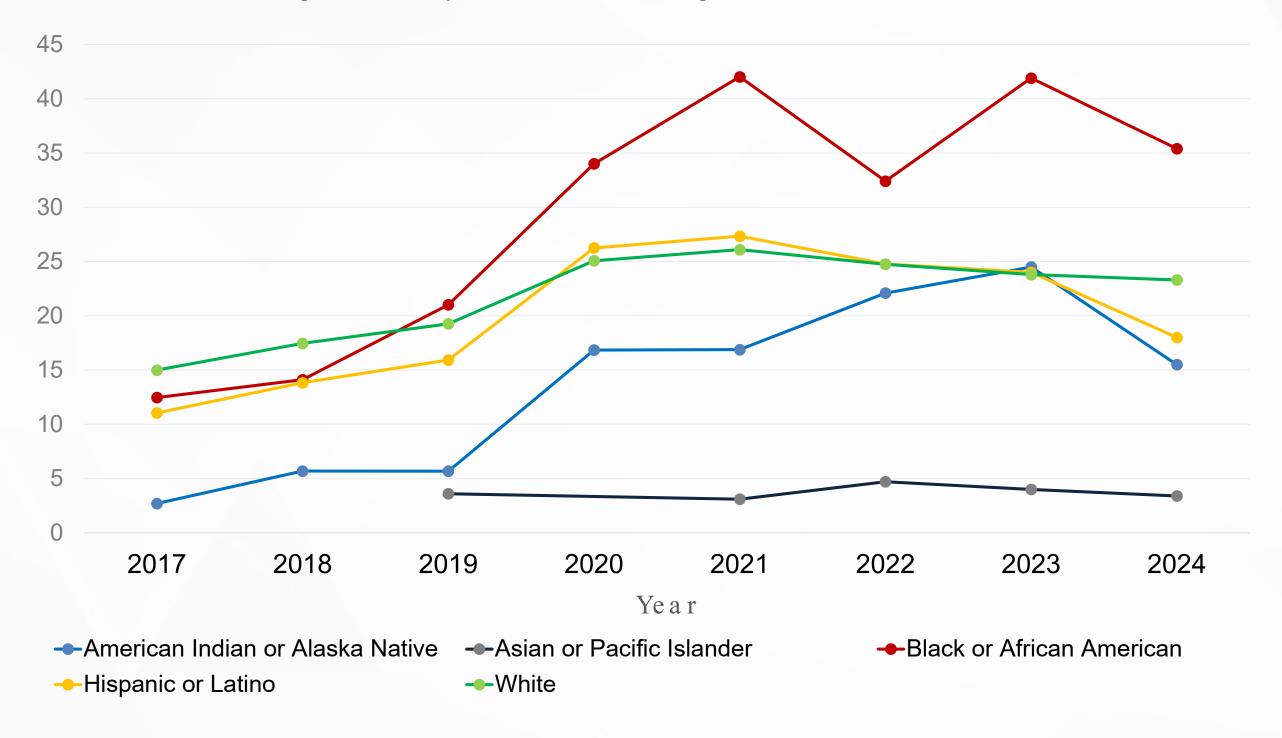
Non-Fatal Overdoses (Arizona - Medical Electronic Disease Surveillance Intelligence System (MEDSIS)) Fatal Overdoses (Arizona Vital Statistics, Death Certificates)

The Black or African American population has experienced a significant rise in non-fatal opioid overdose rates, reaching 101.4 per 100,000 population in 2024, the highest among all groups



Opioid fatality rates declined or remained relatively stable across all racial and ethnic groups in 2024

Opioid Fatality Rate Per 100,000 Population, Jan 2017 - Dec 2023



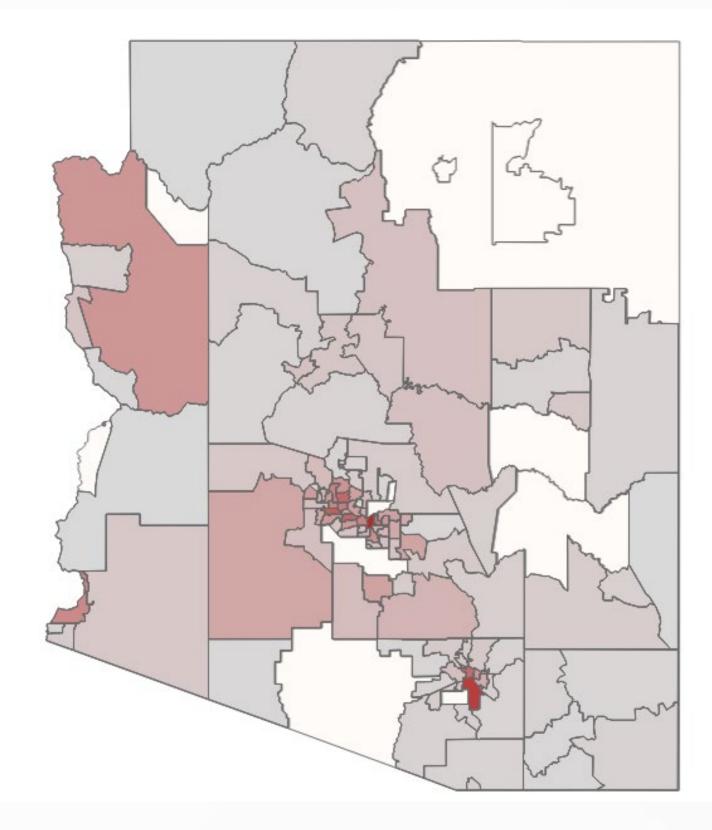
Data Source: Arizona Vital Statistics, Death Certificates Please note rates are not shown for any counts of less than 6

From 2017 - 2024:

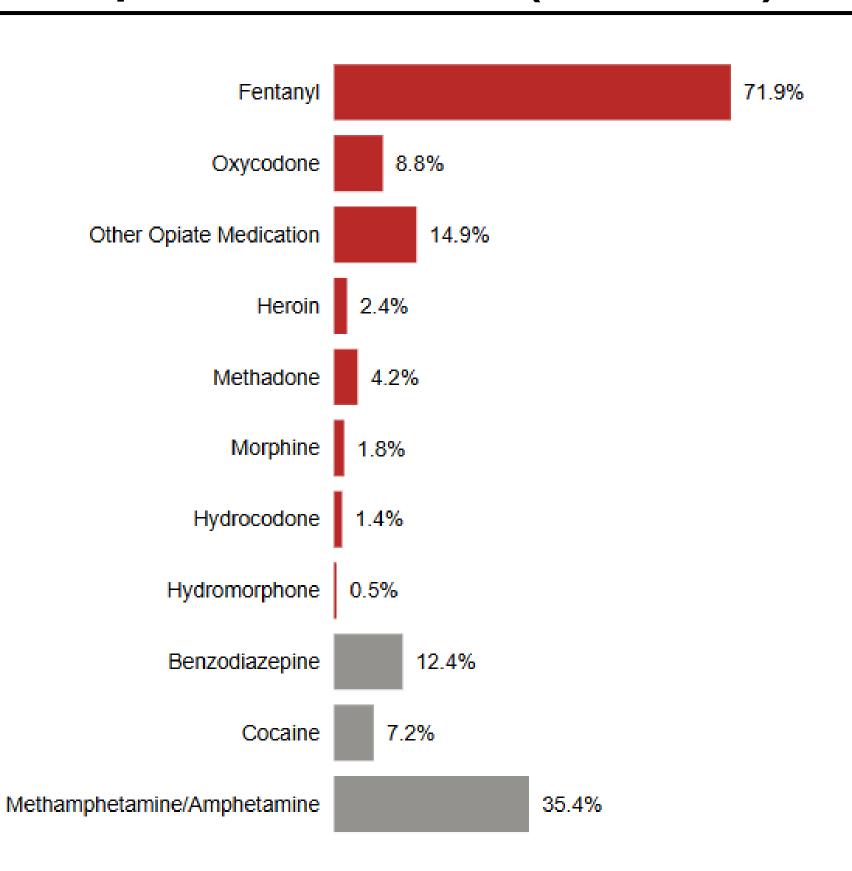
- > Black or African
 American individuals
 had the highest opioid
 fatality rate, more than
 doubling from 12.5 per
 100,000 in 2017 to 35.4
 per 100,000 in 2024.
- American Indian or
 Alaska Native
 population, the rate has
 increased nearly
 fivefold from 5.7 per
 100,000 in 2018 to 24.5
 per 100,000 in 2023,
 before declining to 15.5
 in 2024.

Non-Fatal Opioid Overdose Events by Top 10 Primary Care Areas, Arizona, 2024

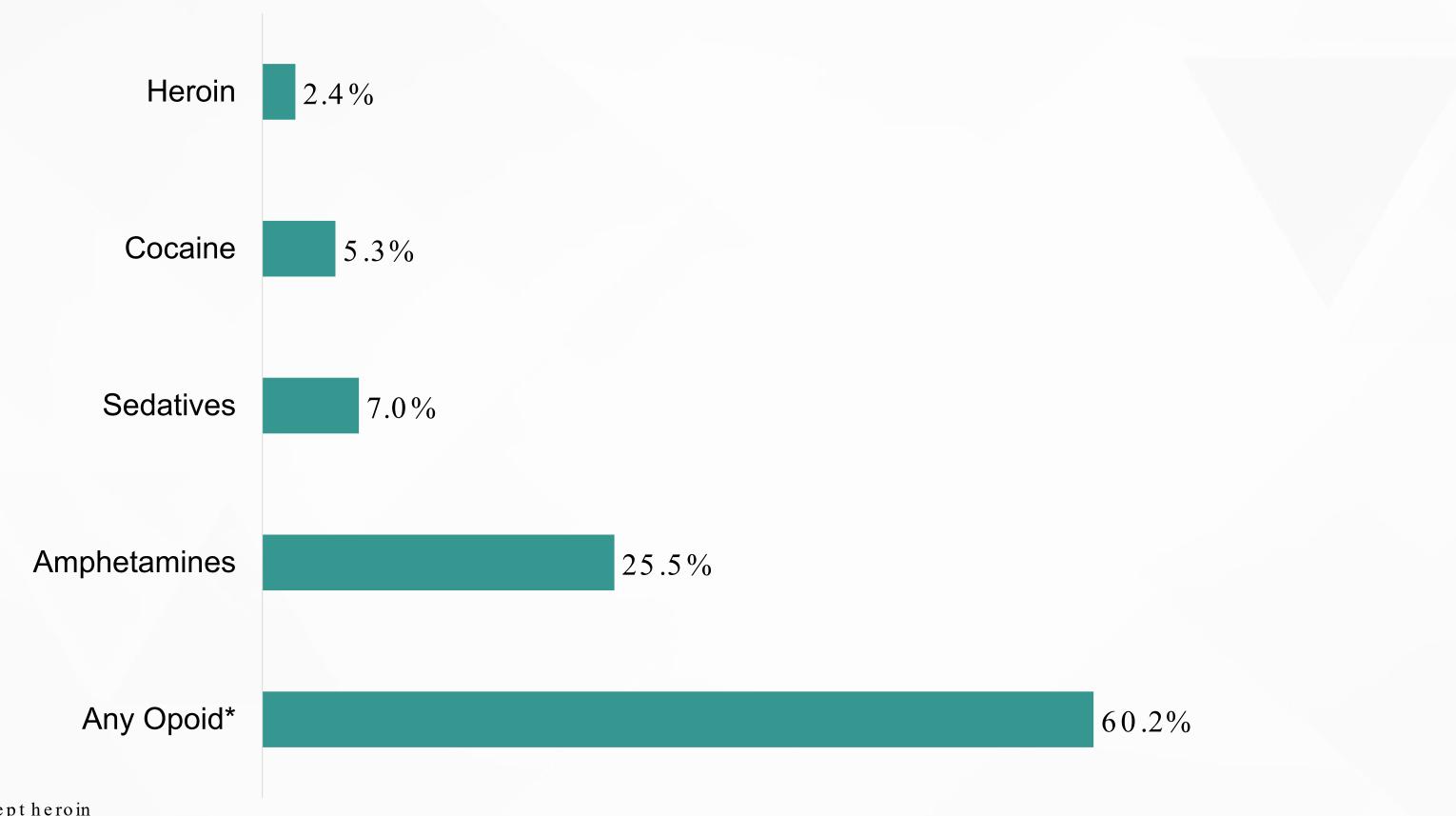
Primary Care Area	Non-Fatal Opioid Overdoses
Central City Village	193
Tucson South	174
Mesa West	163
Tempe North	148
Maryvale Village	132
Alhambra Village	130
Buckeye	127
North Mountain Village	121
Tucson Central	114
Glendale North	103



In 2024, fentanyl is identified in approximately 3 out of 4 nonfatal opioid overdoses (n= 4,036)



Prevalence ofdrug combinations in overdose fatalities with fentanyl, n=341, 2021(preliminary)



*Except heroin

Data Source: 2021 Overdose Fatality Review Program.

The most commonlife stressors in overdose deathsinclude a history of incarceration, family or friend stressors, financial problems in the past 90 days, and a past incarceration release. (preliminary)

Life Stressors	Prevalence (%)
Family/Friend (Past 90 Days)	20.8
Failing Relationship (Past 90 Days)	12.0
Friend/Family Death	7.0
Hx of Incarceration (Lifetime)	43.4
Fin ancial Problems (Past 90 Days)	19 .4
Recent Incarceration Release (Past 1 Year)	14 .4
Legal Problems (Past 90 Days)	14.1
Workplace Issues	7.3
Abuse (Perpetrator)	9.1
Abuse (Victim)	5.3

- behavioral health diagnosis in the year prior to death.
- The most common behavioral diagnoses were mood disorders (42%), anxiety disorders (39%), and serious mental illness (21%).
- Substance used disorder was identified preceding a death in the prior month (67%), year (68), or lifetime (80%).

Circumstances of overdose deaths, 2021(preliminary)

- > 3 out of 5 deaths occurred in the home.
- In half of the deaths there was another person present or had recently been present around the time of their death.
- Administration of lifesaving procedures was documented naloxone was administered in a third of these.

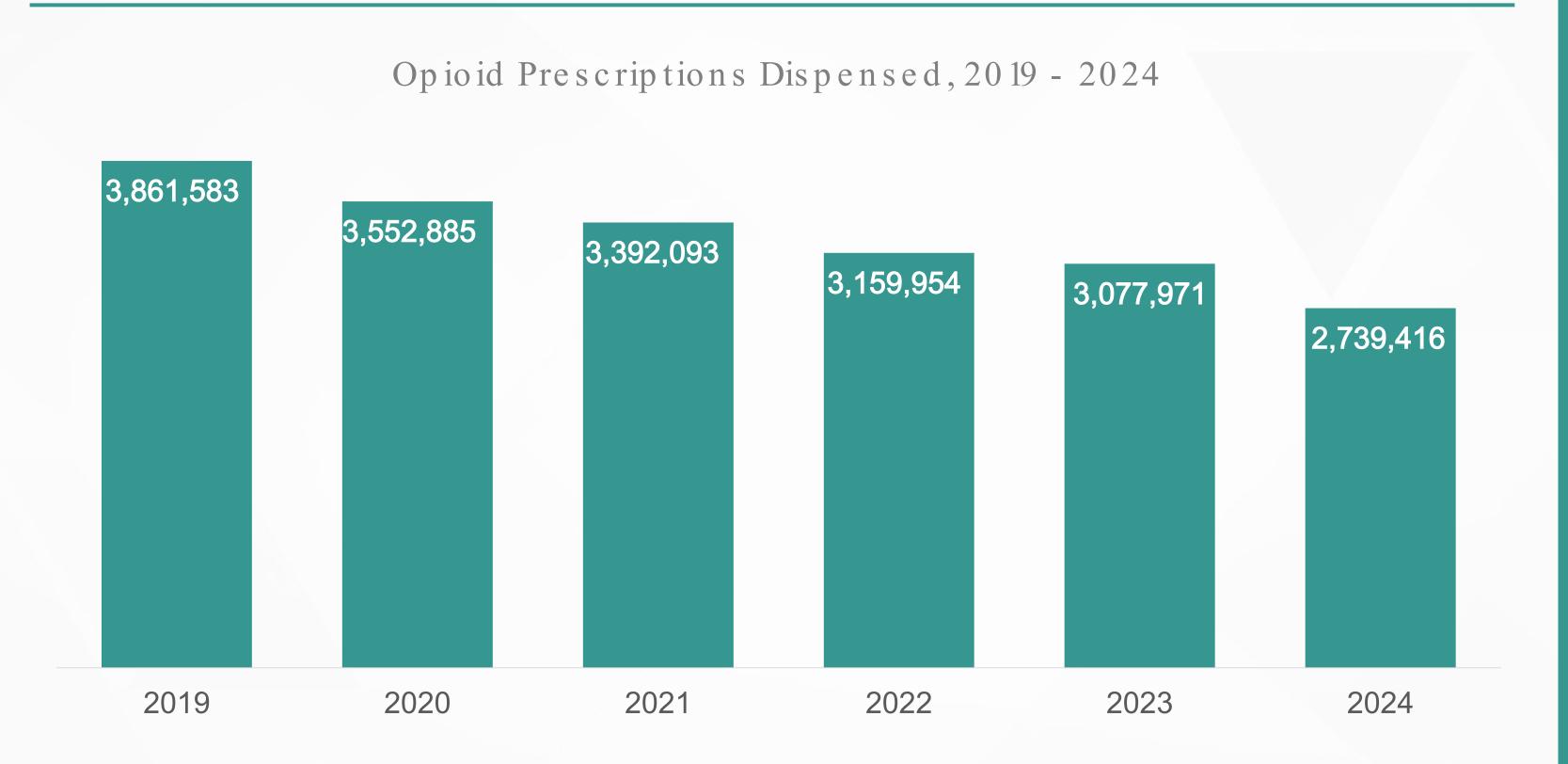
in 46% of deaths and

Prevention recommendations (preliminary, not comprehensive)

- > Improve access to primary care services that include substance use disorder screening, harm reduction education, Medication Assisted Treatment, and referral to treatment.
- Improve care coordination post-release by performing a warm hand-off to substance use disorder treatment, medical care, and mental health services, as well as providing social support resources such as housing, employment, insurance, transportation, etc.
- > Improve care coordination by connecting to mentalhealth and substance use services (e.g., transport/referral to treatment)
- > Improve support for families who have a loved one with a substance use disorder.

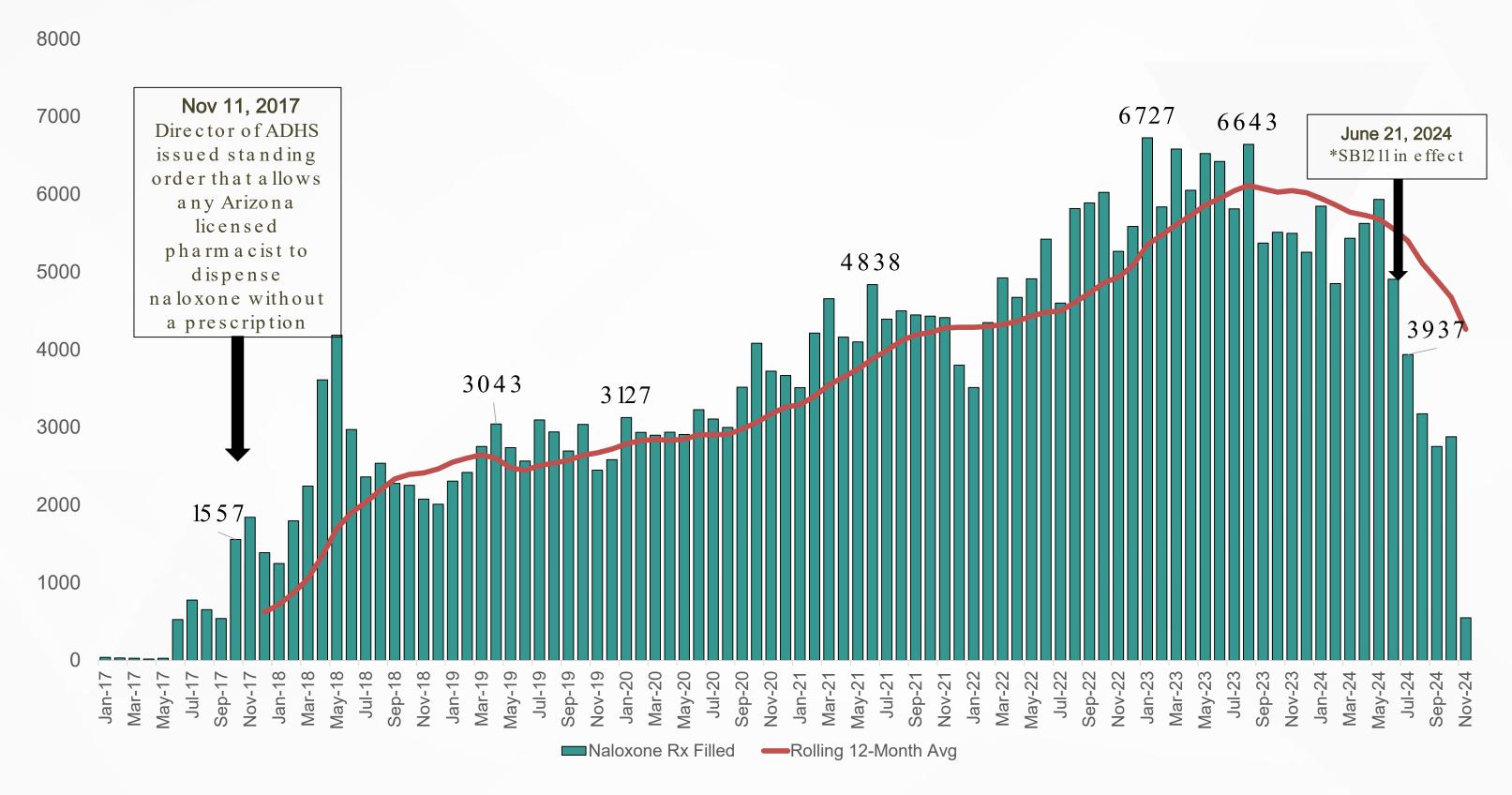
Data Source: 2021 Overdose Fatality Review Program, N=341

The number of opioid prescriptions dispensed in Arizona has decreased from 2019 to 2024



Data Source: Controlled Substance Prescription Monitoring Program (CSPMP)

The number of naloxone dispensed by pharmacies in Arizona hasncreased significantly since 2017, followed by a gradual decline starting in 2023



Data Source: Controlled Substance Prescription Monitoring Program (CSPMP).

Notes: Rolling a vera ge calculated as a vera ge number of events in previous 12 months.

^{*}On June 21, 2024, Governor Katie Hobbs signed SB1211 into law, which removed the requirement to report na loxone to the CSPMP.

Women's & Children's Health

From Arizona Child Fatality Review

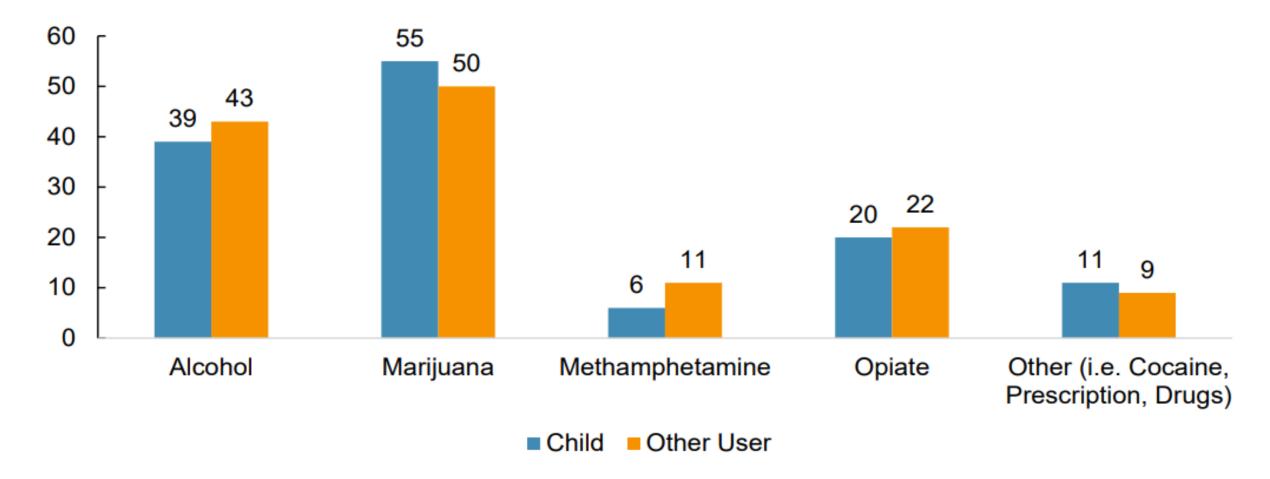
In 2022

- 41 poisoning deaths
- 34 were opioid overdoses and fentanyl was responsible for 44

In 2023

- 33 poisoning deaths
- 27 were opioid overdoses and fentanyl was responsible for 34

Number of Substances Identified as Causing or Contributing to Child Deaths, by the Child or Other User, Ages Birth to 17 Years, Arizona, 2023 (n=163)*

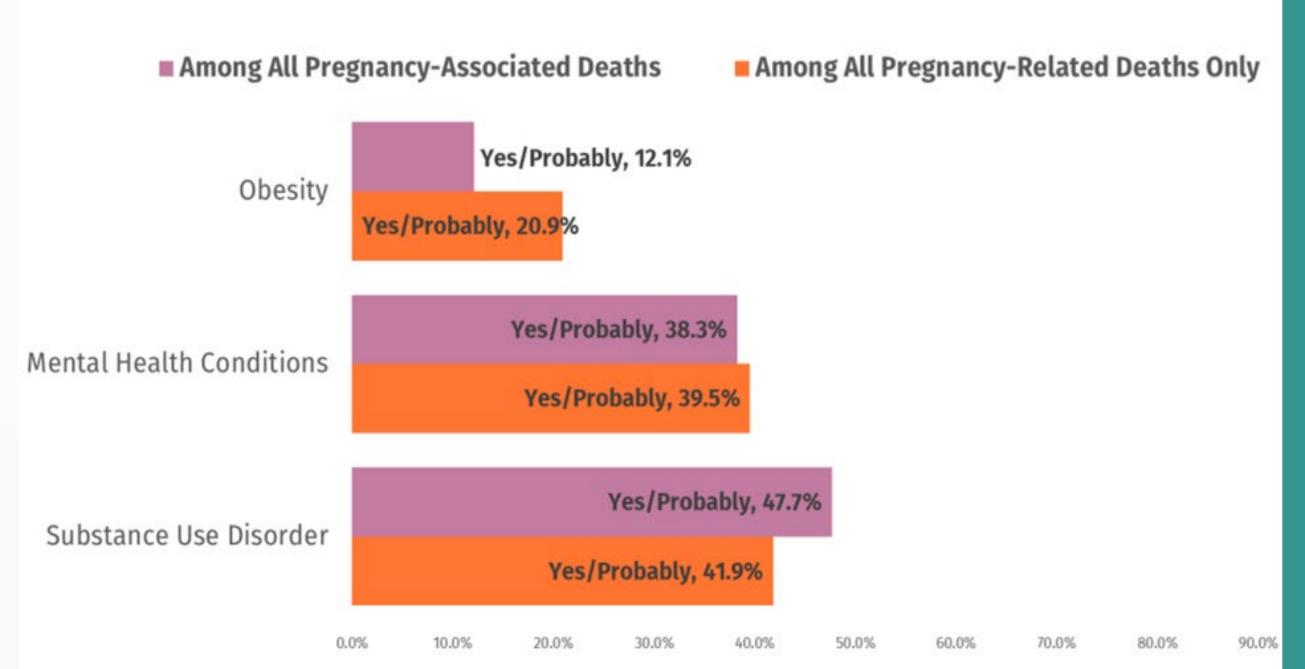


^{*}More than one substance may have been identified for each death.

Data Source: <u>Arizona</u>
3 lst Child Fatality
Review Report

From Maternal Mortality Review

Contributing Factors Among Pregnancy-Associated Deaths and Pregnancy-Related Deaths, 2018-2019

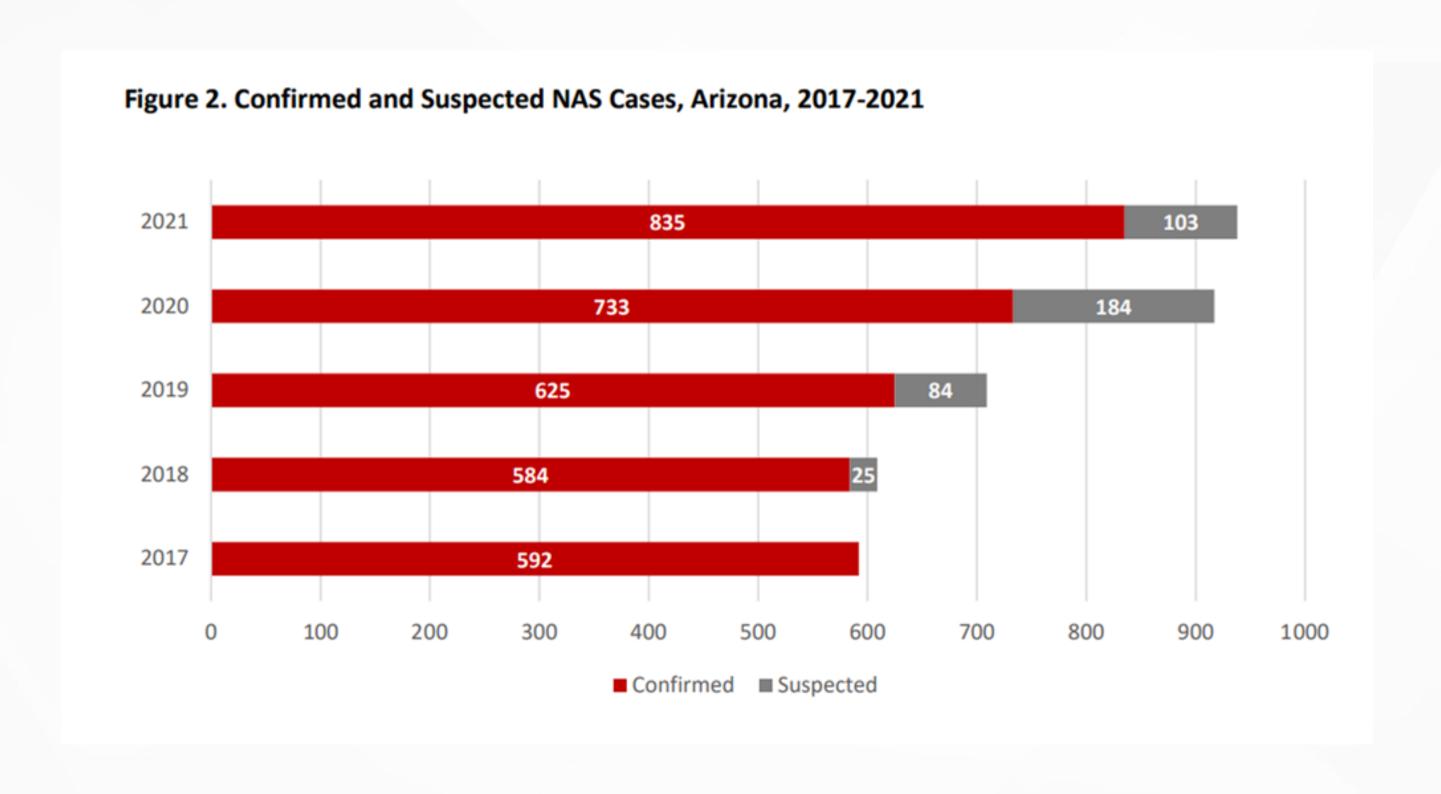


Data Sources: Maternal Mortality in Arizona, 2018-2019

In 2018 - 2019:

- Among all Pregnancy Associated deaths , SUD
 was identified as
 contributing to the death
 in 47.7% (n=71) of cases ,
 followed by mental health
 conditions (38.3%, n=57),
 and obesity (12.1%, n=18)
- Related deaths,
 substance use disorders
 contributed to 41.9%
 (n=18) of deaths, while
 mentalhealth conditions
 contributed to 39.5%
 (n=17) of deaths, and
 obesity contributed to
 20.9% (n=9).

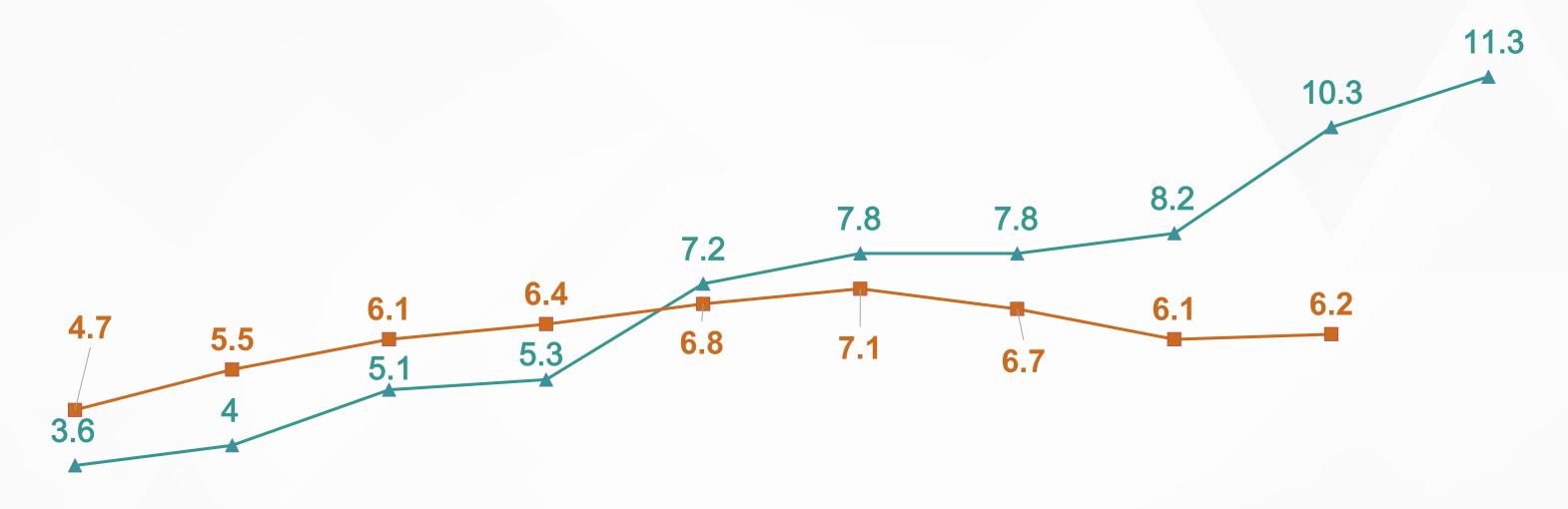
Neonatal Abstinence Syndrome (NAS) in Arizona 20172021



Data source: Neonatal Abstinence Syndrome Surveillance Report, 2017-2021. Phoenix, AZ. Arizona Department of Health Services; 2022

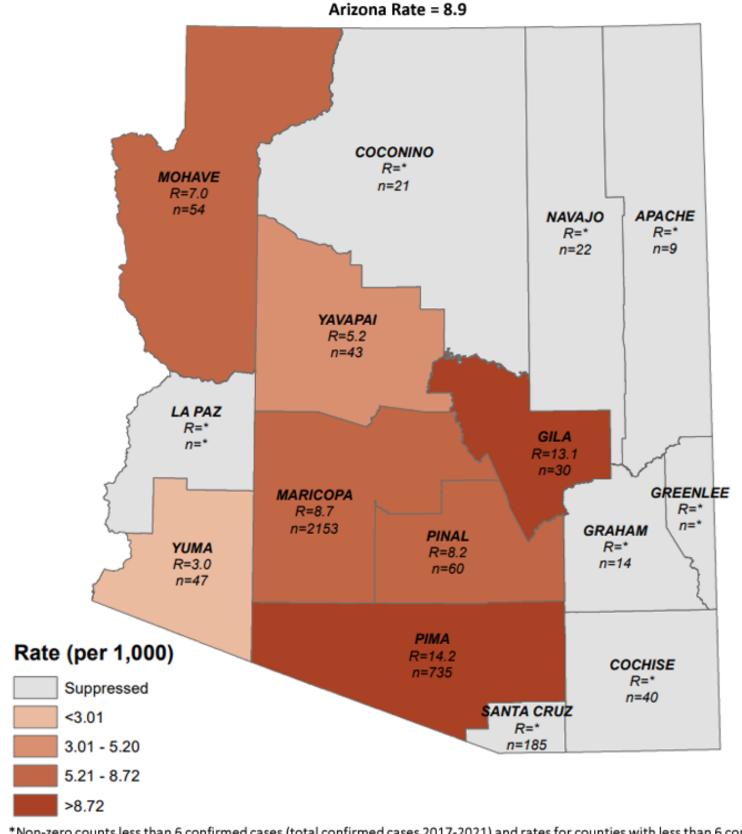
The Neonatal Abstinence Syndrome (NAS) has consistently increased in Arizona since 2016. It has also surpassed the National rate since then.

Neonatal Abstinence Syndrome (Rate per 1,000 birth hospitalizations)





The NAS rate per 1,000 birth hospitalizations residents was highest in Gila, Pima, and Maricopa counties from 2017 to 2021.



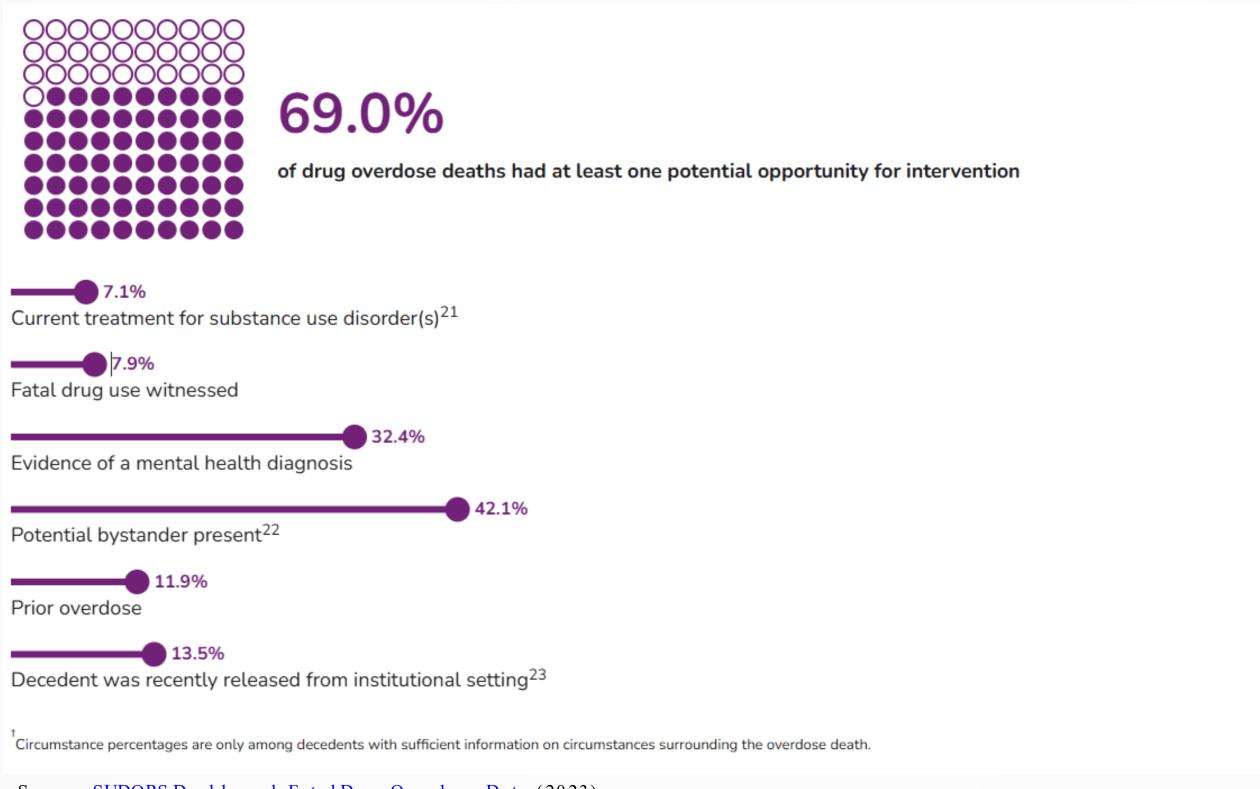
^{*}Non-zero counts less than 6 confirmed cases (total confirmed cases 2017-2021) and rates for counties with less than 6 confirmed cases (annually, on average from 2017-2021) are suppressed and counties are shaded grey

City	NAS Rate
Apache Junction	18.4
Tucson	14.6
Glendale	10.5
Mesa	10.1
Phoenix	10.1
Surprise	9.0
Te m p e	8.4
Peoria	8.1
Chandler	6.9
Avondale	5.8

Data Source: Hospital Discharge Data

Potential Opportunities for Intervention

Potential opportunities for intervention (all unintentional drug overdoses in Arizona) include linkages to care or lifesaving actions



Source: SUDORS Dashboard: Fatal Drug Overdose Data (2023)

Highlighted Resources

ADHS Opioid Dashboards



Non-fatal

Overdoses



Drugs in Non-

fatal Overdoses



Overdose

Deaths



& Inpatient Visits



EMS/Law

Enforcement



Naloxone

Administration





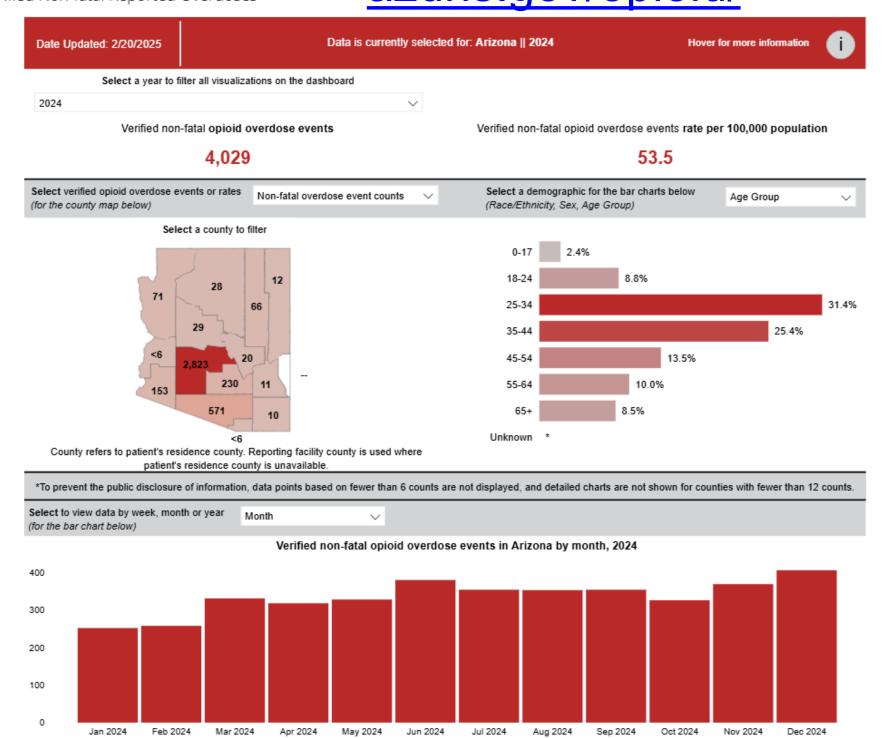


Opioid

Prescriptions

Verified Non-fatal Reported Overdoses

azdhs.gov/opioid/





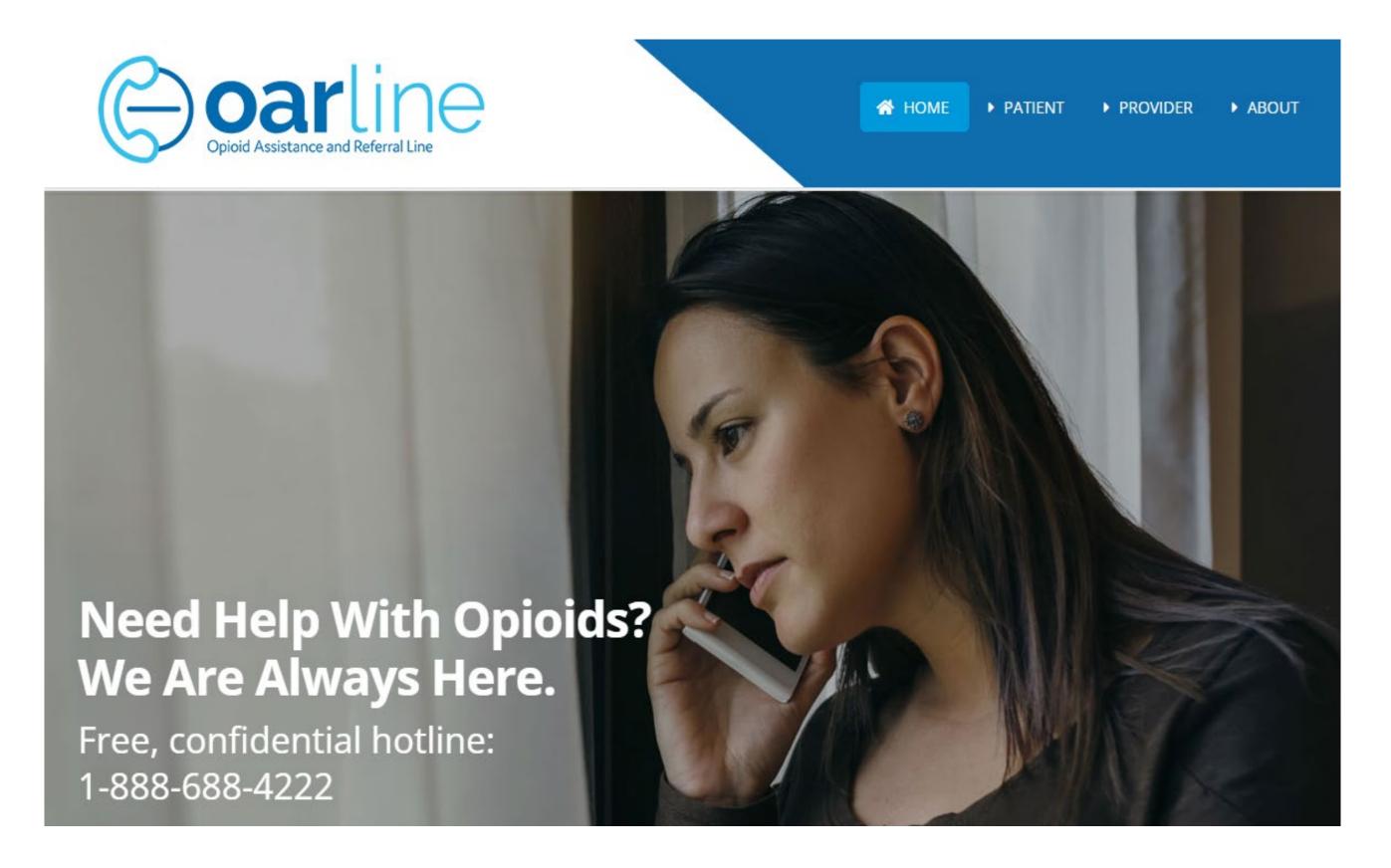
Resources

azdhs.gov/naloxone

- Order Naloxone for your organization
- Information for the Public, Pharmacists, and Law Enforcement

AZ Opioid Dashboard: Naloxone Administration https://www.azdhs.gov/opioid/index.php#dashboards-naloxone

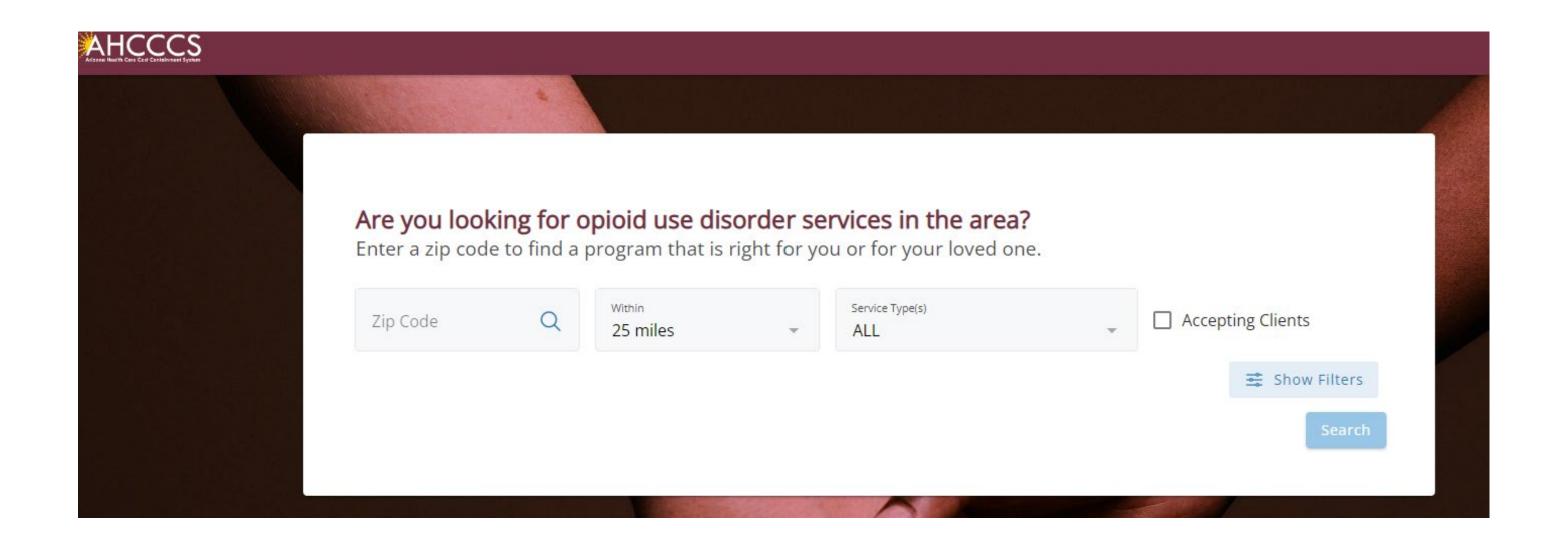
Opioid Assistance and Referral Line (OAR)

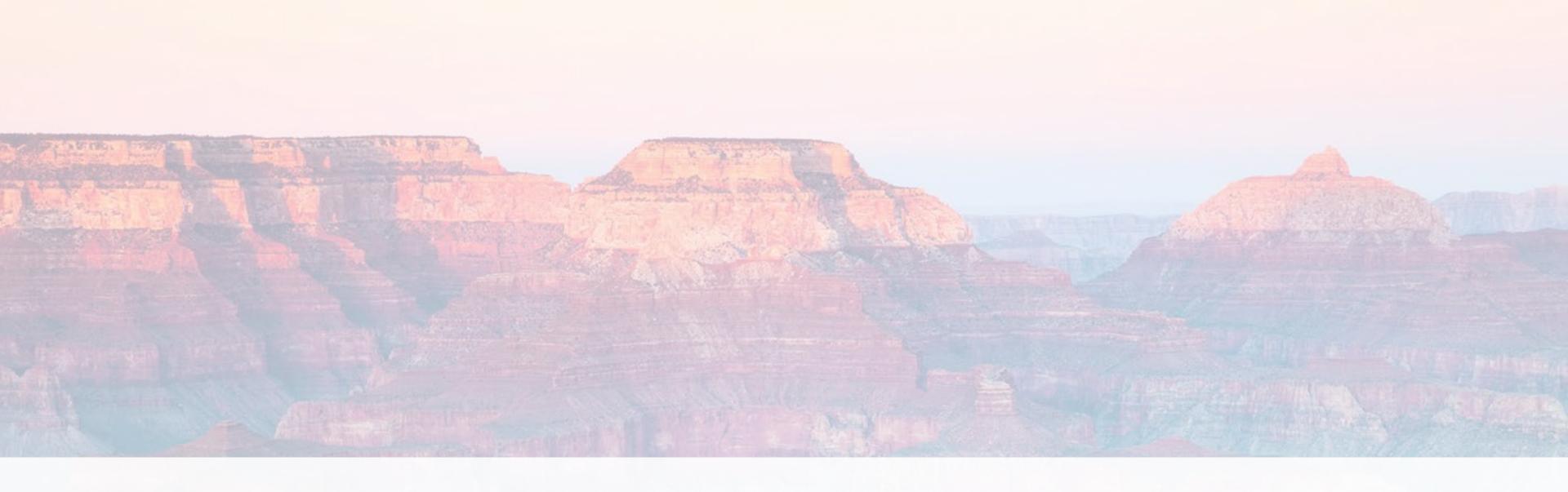




Opioid Service Locator

https://opioidservicelocator.azahcccs.gov/





THANK YOU

azdhs.gov/opioid

azopioid@azdhs.gov

